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# Scene

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## What A Do Theatre – Now on Stage in Downtown Battle Creek



It's the right idea at the right place and at the right time.

Downtown Battle Creek is undergoing an \$85 million transformation. Kellogg's is expanding its corporate headquarters. There is a growing presence of food science research, food protection training, and related support industries. Educational institutions are expanding or renovating their facilities. Downtown infrastructure is being updated and improved. The 9-to-5, daytime economic transformation is succeeding. What about the nightlife transformation?

Enter, stage left, What A Do Theatre. Like all great ideas, What A Do Theatre occurred by happenstance. In October 2009, I came home to Battle Creek for a family wedding. On the way to the reception, my wife and I ventured downtown. It struck us how no one was enjoying downtown on this gorgeous, autumnal Saturday night. I casually suggested a live professional theatre would be the ticket to bring people downtown. Most people would go no further with such a suggestion. I would have been no exception save for the fact I had recently begun a sabbatical from teaching and had yet to find a project that excited me the way teaching had. Hence, What A Do Theatre became the right idea at the right time.

And, the right time begins February 11 when the curtain rises on our inaugural season with a staged reading of *Affluenza!* by James Sherman at the First United Methodist Church in downtown Battle Creek. Additional performances are February 12, 25, & 26, at 8 p.m. You can reserve your tickets by visiting: [www.whatado.org/reservations](http://www.whatado.org/reservations).

It has been more than a year in the making, but What A Do Theatre will become a reality! Many have been generous with their time and expertise and my appreciation for them is great. But, What A Do would still be a dream if not for an arts and culture operating grant from the Battle Creek Community Foundation. Thank you, Battle Creek Community Foundation, thank you!

To keep the momentum going, we need your help. Become a What A Doer! How? Buy a ticket! Or two! Email everyone in your address book. Call or text friends who have hungered for something to do downtown. Bookmark our website ([www.whatado.org](http://www.whatado.org)). Find us on Facebook and become our fan. Make it a date night! Make it an event! Just make it!

What A Do cannot continue without the generosity of the community: both individuals and businesses. Why is What A Do worth your investment?

What A Do Theatre's mission is: Theatre. An escape for *every* one.

With your support, What A Do will fill a void in the community with programming that enriches our cultural life and engages audiences of diverse ages, cultures, and socioeconomic backgrounds. What A Do will feature contemporary playwrights who express their voice through dramas strong in both sensibility and humor.

With your support, What A Do will develop original works by Michigan artists and artists of color, thereby providing professional opportunities for aspiring actors, playwrights, directors, and other theatre personnel to keep them, and their economic activity, in Battle Creek, Calhoun County, and the State of Michigan.

With your support, What A Do will become a destination location in downtown Battle Creek attracting not just current residents, but young professionals intrigued by the professional opportunities offered in the expanding food science and food safety industries downtown.

A new year is a time of new hope, new promise, and new beginnings. Downtown Battle Creek will experience this first-hand in 2011 as live professional theatre comes to the Cereal City: What A Do Theatre.

It's the right idea at the right place and at the right time.

**What A Do Theatre**  
Debuts its inaugural season with a stage reading of...

# Affluenza!

BY JAMES SHERMAN

"James Sherman's AFFLUENZA! is an impressive piece of work – a witty balancing act that gets laughs from age-old human foibles as well as our present age of untrammelled corporate greed." – *The Kansas City Star*

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Theatre – An escape for everyone.

This production was made possible in part by an arts and culture operating grant from the Battle Creek Community Foundation.

## Save when shopping – and eat well



A lot of us think that filling up our grocery cart – especially with healthful foods – will empty our wallet. But don't 'buy' into this thinking.

It is possible to shop for food on a tight budget without sacrificing nutrition. That's provided you're willing to do your homework and plan several days' menus – or better yet, a week's worth of menus in advance.

Planning allows you to stick to a shopping list and avoid extra trips to the store, which means you'll be less likely to spend money on budget-busting impulse buys.

It also lets you:

- Take an inventory of what you already have in your pantry and refrigerator so that you don't overbuy.
- Check supermarket specials in newspaper inserts and plan your meals around them.

- Clip or download coupons, remembering to comparison-shop. Sometimes, a store brand is less expensive than a brand-name food discounted with a coupon.

But while planning is the first and most important step toward eating well on a budget, these strategies can also help:

- Don't head to the store hungry. With an empty stomach, you're likely to wind up putting not-so-healthy snack foods and desserts in your cart.
- Buy produce in season, when it's likely to be more flavorful and cost less than at other times. And don't overlook frozen fruits and vegetables. They can be cheaper than their fresh counterparts, and they can be just as nutritious – especially if they're not swimming in butter or a fat-filled sauce.
- Stretch protein dollars. Substitute low fat, fiber-rich dried beans for meat, which is more expensive than beans. Buy a whole chicken rather than pricier, pre-cut wings, breasts, thighs, or legs. Cut the chicken into pieces yourself, and remove the fatty skin before cooking or serving.

- Think twice about the cost of convenience. Buying prepared or pre-cooked foods typically add to grocery bills.
- Save on milk and yogurt. Opt for inexpensive, nonfat dry milk when cooking or baking. And instead of buying small containers of calcium-rich yogurt, buy a less costly quart of yogurt and divide it into one-cup servings.
- Save on snacks. Fill small plastic bags with nuts and seeds, whole-grain cereal, or dried fruit rather than buying less nutritious, more expensive prepackaged and processed snacks.
- Finally, always check out the nutrition label as well as the price. Yes, the soda, chips, or cookies you're about to put in your cart may be on sale. But to get the most value for your money, don't buy foods that add calories without adding nutrients.

If you follow those simple ideas, you will have a much better chance at saving money without sacrificing nutrition.

Have a happy, healthful, and *prosperous* New Year.



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## COVER:

*This month's cover was created with the digital magic of Rick DeRuiter, and inspired by our area's Men in Business!.*



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## Flakes And Snow Flakes



**Q:** Rich, are you OK? I noticed you shoveling snow for a couple of hours last night and then for about three more hours this morning. Isn't that rather difficult, particularly when I noticed you

never took a break during both episodes?

**A:** Never say "episode" in front of an aging person, minimally distressing news on the home front on the aging person remark however. I just got my first direct mail advertisement from the scooter store (never say "scooter store" in front of an old person) the other day and when I checked my emails before tackling the column, I noticed one from the scooter store was among them. I'm on the computer every day but usually don't check my email, in fact, I never even read it. Delete is my favorite computer edit tool... remember, I actually have a life.

Speaking of the snow, I shoveled about four inches of new snow yesterday and about the same amount today. As everyone that knows me is aware, I never use my snow blowers, only a snow shovel and I don't like over six inches of new snow to shovel, especially now. NO, not because it's getting

more difficult, but because I now have a much bigger shovel. My six-year-old friend Ryan, my little buddy from next door, every once in a while likes to come out and help me with what I'm working on. I know we're buddies cause we're on a first name basis. The rest of the neighbor kids just call me "cool ole dude." Anyway, last week when I was shoveling the road and six feet of the grass as well, Ryan, came over with his shovel and offered to help. I couldn't help but notice that his shovel was about twice the size of mine and I fell in love with it right away. About an hour later we finished and I thanked him for his help, but I couldn't get that big shovel out of my mind. Ryan's mom stuck her head out the door and thanked me for keeping Ryan occupied because they had the flu bug at the house, and he was the only well one and needed someone to "play" with. I wasn't in the house five minutes when I got a dry coat and gloves on, grabbed my keys and headed out the door. Yep, when I'm home alone I get to make the rules. Yeah "whims" not permissions are the order of the day... I'm going BIG SHOVEL hunting.

My first stop is Menards, no other reason than it's the closest. I find the shovels and immediately a helpful young associate asks if he can help me find something. I give him an old man's earful and eventually he even

knows that I'm currently halfway through three years of never using my snow blowers and that I've not missed shoveling one snow fall or let even one car enter the driveway or leave it without making sure that there is no snow on the cement. Can't have hard tracks on the driveway. Yep, old, talkative, boring and ornery goes with the "scooter age" territory... ornery I have to work at a little more... everything else is perfect. Anyway, I explain that I want the biggest shovel they've got. We go up and down the rows and finally settle on two that I could choose from. One was 25 inches wide, built well and the most expensive, while the other was 27 inches wide, a little taller, built sturdy but a couple dollars less. I asked him which one he would choose now that he knew what I wanted. He never hesitated and grabbed the 27 incher.

I loved that shovel the first time I used it. Even has a few extra features I noticed as I got used to using it. I know it's saving me a bunch of time and the thing I was most worried about, a larger load, isn't noticeable at all. I'd go on but I'm getting antique itchy and I've used up my allotted space. Must be that wider shovel. By the way, I never got to the other exciting thing I was going to mention, but I'll talk about that in the next issue of Senior Times.

**DON'T MISS YOUR CHANCE TO WIN!**



# WANTED

## Be a super sleuth... join the ongoing hunt for Rick DeRuiter

Pour through the pages of Scene this month and find the elusive DeRuiter. Warn your friends. Warn your neighbors. He's in there somewhere, waiting for the one lucky detective to find him!

**Have you found him in this issue?**

If yes, then call Scene at **979-1410 ext. 391** to have your name entered in the drawing to receive **TWO FREE SPAGHETTI DINNERS from Fazoli's**. You must make your discovery by January 31, 2011 and the winner will be announced in the next issue of Scene!



**LAST MONTH...**

**PAGE 34**

**LAST MONTH'S WINNER...**

**DAVID BEGLIN**

**LOOK!** - Now you can e-mail your detective work too! [rick@scenepub.com](mailto:rick@scenepub.com). Include your name, daytime phone and what page you found him.

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**WIN A VALUABLE PRIZE!**

## Advantage of Exercising in the A.M.

When the sun begins peaking over the horizon, you shouldn't be burying your head underneath a pillow, praying it will get dark and turn into night again. Instead, you should take advantage of the early hours to get in an hour of exercise. Why? Because the benefits far outweigh your desire to sleep in a bit.

**Benefit #1: You'll Lose Weight** – Exercising during any time of the day is proven to help you obtain and maintain a healthy weight. However, recent research hints that exercising in the morning gives your weight-loss goal an extra push. How does it do this? By improving your life a few ways all at once.

The first change is that working out during the first few hours of the day helps you sleep better, whereas working out in the evening can actually make it more difficult to sleep at night. Since healthy sleep habits assist your weight-loss goals, it only makes sense to want better sleep.

Working out in the morning also helps increase your metabolism early on in the day and stay there throughout your day. In addition, exercising early puts you in a healthy mindset from the moment you wake up, helping you make better decisions later in the day.

**Benefit #2: You'll Stick with It** – Another reason morning workouts benefit you is the ease with which you can stick with them. Whereas it can be difficult to find time during your busy day to squeeze in exercise, making exercise the first thing you do during the day ensures you get in some calorie-burning time no matter what the rest of the day may bring.

Think you may not have the strength to stick with an early morning exercise regimen? Remember that in addition to sleeping better, early exercising gives you increased energy and gets the blood pumping throughout your body. This helps you fire on all cylinders, whether you have a big meeting coming up or have to pull a double shift at work.

**Benefit #3: Better Work Performance** – As if an energy boost in the morning and increased metabolism weren't reasons enough for working out in the morning, this early-morning fix-all may be just what your career needs. If you're skeptical, think about your attitude at work. Have you been down in the dumps? Too tired to go the extra mile?



Working out first thing in the morning may give you the boost you need to get past these issues. Once your boss recognizes your improved can-do attitude, your sudden willingness to go above and beyond the call of duty, and the infectious smile you carry everywhere you go, you may find yourself on the fast track to promotion. And to think all of this just because you woke up a few minutes early for some running, weight lifting, bike riding, swimming, or calisthenics!

**Creative Morning Routines** – Getting your exercise every day is no easy task. Getting it in before the rest of your family is awake can be even more difficult-especially if you're not a

morning person. To make sure you get your fill of morning exercises, keep these tips in mind.

- Leave the car at home. Once you've eaten a healthy breakfast, hop on your bicycle or grab your running shoes and get to work the old-fashioned way by your own power. Just be sure to keep an extra change of clothes on hand so you don't have to wear your sweaty outfit all day.
- Do something fun. Everyone has different interests. To make sure you get up every morning and get in some exercise, make your routine fun. Whether you prefer kayaking, bike riding, or push-ups, implement this into your early morning routine and you'll have fun as you improve your health.
- Become specialized and start teaching. Wish there was a spinning class at 6am at your gym? Find some likeminded folks and work to become a teacher of the class. As a teacher, missing class isn't possible, so you'll be sure to get your routine in first thing in the morning, even when you'd rather stay in bed.

If you still can't make mornings work for you be sure to schedule your exercise in so that it becomes part of your regular activities.

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There is no doubt that effective leadership is a critical element in success. It makes no difference whether talking about a family, business, organization, or government, leadership can make all the difference.

Recently our community has experienced a significant change in the political leadership. The theories abound regarding that but the bottom line is that you the reader, you the voter, collectively made a change and we would like to introduce you to the new leaders that will be representing all of us for at least the next two years.

The newest to represent the state of Michigan in Washington is **Representative Tim Walberg**. The First Session of the 112th Congress commenced January 5, 2011. According to Walberg, "The issues of economy and jobs are important to our district and to my work in Congress." He will work to bring good-paying jobs back to Michigan, restraining government spending, reducing the national deficit and defending traditional values. Congressman Walberg is willing to work in a bi-partisan manner on legislation that benefits the Seventh District. - continued -

# *The* Responsibility



*Walberg*



*Snyder*



*Bolger*



*Segal*



*Nofs*



*Behnke*



# y<sup>of</sup> Leadership



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BY SHERII SHERBAN



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This is not his first time in Washington. Walberg is currently in his second term in the U.S. House of Representatives, serving Michigan's Seventh District, which includes Branch, Eaton, Hillsdale, Jackson and Lenawee counties and parts of Calhoun and Washtenaw counties. His terms are not successive.

Congressman Walberg will serve on the House Education and Workforce Committee as Chair of the Workforce Protections Subcommittee. Additionally, Tim will serve on the House Oversight & Government Reform Committee and the House Homeland Security Committee. Additionally, Tim will participate in the following caucuses: National Guard and Reserve Components Caucus, Values Action Team and Congressional Constitution Caucus. To reach Rep. Tim Walberg visit his website at <http://walberg.house.gov>.

The state of Michigan has many new changes and they begin right at the top with our new **Governor Rick Snyder**. His key initiatives include economic growth, public safety and quality of life. Gov. Snyder made his remarks on the Capitol steps upon taking the oath of office to become Michigan's 48th governor.

Gov. Rick Snyder, in his inaugural address called for a culture change in which cooperation, courage and innovation will lead the way to reinvented economy and enhanced quality of life in Michigan.

"It is time to stop fighting among ourselves," Gov. Snyder said. "It is time to solve our problems and create new opportunities."

Gov. Snyder shared his commitment to bipartisanship and public service in the inaugural ceremony, in which local and state leaders of both political parties were invited to participate. Detroit Mayor Dave Bing emceed the event and Grand Rapids Mayor George Heartwell delivered the innovation and closing prayer. Gov. Snyder was pleased to have the legislative majority and minority leaders share the stage, which was not the case in previous inaugurations. Former Governors Jennifer Granholm and John Engler also bridged the political gap by attending.

The governor cautioned that getting Michigan back on track will require sacrifice and a new mind-set. "We need to put party and geography aside and come together as Michiganders to reinvent Michigan," Gov. Snyder said.

"It won't be simple or easy," continued Gov. Snyder. "There is no magic solution to our problems. But with most of our problems, there also comes opportunities. It will require shared sacrifice from all of us. Many have already made sacrifices. Many of us need to join those who have already contributed."

Doing so will enable Michigan to achieve key goals such as becoming a globally competitive leader in innovation, creating more and better jobs and providing young people with greater opportunities and a bright future in the state.

Gov. Snyder pointed out the perils facing Michigan if its leaders continue to do business as usual. "The old ways don't work and it is time to start a new era," he said. "This is our moment of opportunity to realize we have a bright future instead of a declining future."

Michigan already has many building blocks for success in place, according to Gov. Snyder. Its world-class universities, unmatched natural resources and the entrepreneurial spirit of its people make Michigan unique. The inauguration showcased that theme by offering an abundance of food products grown or made in Michigan.

The governor said he looks forward to hitting the ground running with Lt. Gov. Brian Calley, legislative leaders and stakeholders across the state.

"I have been hired to represent all people of the state of Michigan and move us all forward together," Gov. Snyder said. "We all want to live in a state of high expectations and results. We can only achieve extraordinary things if we aspire beyond traditional thinking. The old unbelievable needs to become the new achievable. Let today be the birth of a new chapter in Michigan's history. Let today be the birth of the era of innovation and reinvention."

His six-member super-cabinet has been set and all other positions of leadership have been named. Interestingly enough Gov. Snyder has his roots in Battle Creek, Michigan and has hired several to join him in Lansing from this community.

Those closest to the Governor of course include his cabinet consisting of Deputy Chief of Staff Jeff Barnes, Human Services director Maura Corrigan, Environmental Quality director Dan Wyant, Treasurer Andy Dillion, state budget director John Nixon, and head of the Michigan Development Corp. Michael Finney.

To find out more about additional newly elected positions please visit the state's website at [www.michigan.gov](http://www.michigan.gov) and click on Michigan Government.

While our local representation at the state level did not change we do have new levels of leadership for both Rep. Jase Bolger and Rep. Kate Segal.

**State Rep. James 'Jase' Bolger** was unanimously selected to serve the 96th Michigan Legislature as speaker of the House of Representatives for the 2011-2012 session.

*continued*

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"It's an honor and a privilege to receive such overwhelming support for the responsibilities of helping lead our state back to a healthy economy where all residents can prosper," said Bolger. "Michigan citizens are expecting bold leadership to reform government spending, our state's tax structure and regulatory red tape to get our state's economic engine humming again.

"I plan to focus on those issues that will help Michigan government be efficient, affordable and encouraging for job growth, because it's the opportunity to get people back to work that will make a difference for Michigan families."

As speaker, Bolger will guide the legislative process by setting the House legislative calendar to determine when and which bills will be considered by the House, as well as work closely with the governor and Senate majority leader on the budget.

He also will continue serving the local needs and representation of the 63rd House District for residents in east Kalamazoo and northwest Calhoun counties.

"I'm looking forward to working together with House and Senate lawmakers and Governor Snyder on policies that will encourage existing and new businesses to create jobs for workers," Bolger said. "As leaders, we must position state government to fit

the people's priorities and needs while pursuing any ideas that bring more employment opportunities and jobs, jobs, jobs."

Rep. Bolger can be reached in Lansing at (517) 373-1787 or by email at [JaseBolger@house.mi.gov](mailto:JaseBolger@house.mi.gov).

**State Representative Kate Segal** was elected by her Democratic colleagues to serve as House Democratic Floor Leader for the 2011-2012 session. Segal began serving in her new position in January as well as her second term representing Calhoun County families at the Capitol.

"It is an honor to be selected by my peers to serve as Democratic Floor Leader," Segal said. "I will continue working in a bipartisan manner to improve the lives of citizens in Calhoun County and throughout the entire state of Michigan. Our friends and neighbors are suffering and as a leader in this next legislative session, I will continue to work around the clock to find solutions to Michigan's challenges."

As Democratic Floor Leader, Segal will continue the work that she started two years ago when she began serving the citizens of Calhoun County. She will continue her focus on balancing the budget, reforming state government, encouraging businesses to create jobs in Michigan, funding our schools, protecting our seniors and revitalizing Michigan's economy.

Segal currently serves as Assistant Majority Floor Leader. She is also the current Vice Chair of the House Committee on Health Policy and serves on the Insurance Committee; New Economy and Quality of Life Committee; and the Urban Policy Committee.

"I look forward to working with our new Governor and legislative leaders on both sides of the aisle in order to find common ground," Segal said. "As we move forward, it will be more important than ever to build bipartisanship in Lansing so we can turn our state around and put Calhoun County and all of Michigan back to work."

State Representative Segal regularly invites constituents to join her for an informal conversation about improving state government at one of her monthly coffee hours. Segal also encourages people to sign up for her e-newsletter, which provides brief updates of her work at the Capitol and in the community. To sign up, interested individuals should visit [www.RepSegal.com](http://www.RepSegal.com). While visiting her website, citizens are also invited to complete her short community survey.

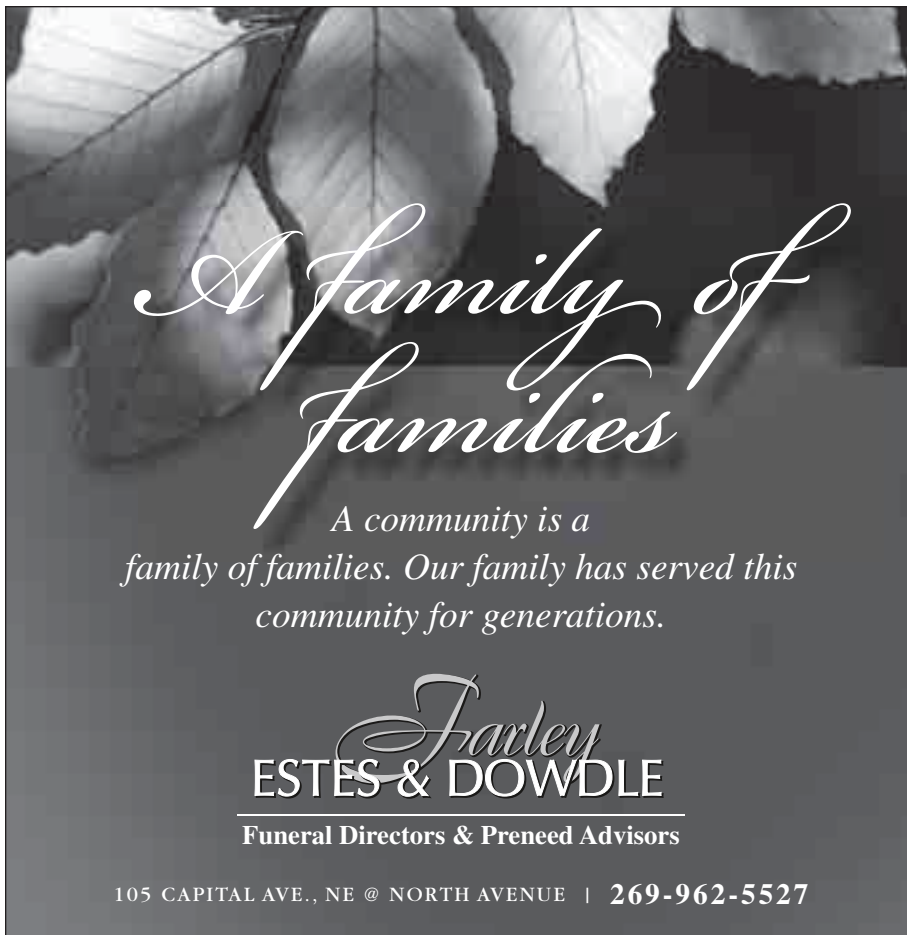
Rep. Segal can be reached in Lansing at (517) 373-0555 or by email at [KateSegal@house.mi.gov](mailto:KateSegal@house.mi.gov).

Rounding out our local representation in state government is **Senator Mike Nofs**. Nofs can be reached in Lansing at (517) 373-2426 or by email at [sennnofs@senate.michigan.gov](mailto:sennnofs@senate.michigan.gov).

Bringing it down to a more local level, the board of commissioners for Calhoun County saw a major change not only in representations but party affiliation. Commissioner Art Kale was just recently elected as Board Chair followed by Commissioner Julie Camp as Vice Chair. The entire board of commissioners was up for election, or re-election as it may be, this past November. The County website can be found at [www.calhouncountymi.org](http://www.calhouncountymi.org) or call (269) 781-0700 for more details.

The County Board of Commissioners is the governing board and policy-making body of County Government. The Board consists of seven members who are elected from single-member districts and serve a two-year term. The commissioners elected the chair and vice-chair during their first meeting in January.

Primary functions of the Board include development and adoption of the annual County budget; development and approval of County policy; monitoring of County expenditures; adopting equalization of tax assessments; setting compensation of elected officials, appointed officials and county employees; appointing members to boards and committees; reviewing and adopting grants; establishing new programs and terminating existing ones;



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and assisting local units of government among other activities.

The Board holds two business meetings each month. These meetings are held on the first and third Thursdays of the month (with the exception of April). An Equalization Session is held on the third Tuesday in April of each year. An Annual Session is held on the first Thursday in October of each year. The meetings are held at 7pm in the Board Room, third floor of the County Building, 315 West Green Street in Marshall, Michigan.

The Board of Commissioners makes a number of citizen appointments to Boards and Committees that deal with areas of interest from Health and Safety to Economic Development and Juvenile Justice. If you are interested in serving on a Board or Committee, please visit their website to complete an application.

The Board's office is located on the third floor of the County Building, 315 West Green Street, Marshall, Michigan. Call (269) 781-0910 for more information.

Representing District 1 is **Mark Behnke**. Behnke can be reached at (269) 966-5706 or by email at mbehnke@behnkeinc.com. District 1 includes Battle Creek City Precincts 3, 4, 11, 20, 22, and 23 as well as Springfield City Precincts 1 and 2. Behnke has served on the Battle Creek City Commission and for many years as Mayor.

**Terris Todd** (D) will continue to represent District 2. Todd is returning to this position as he represents Battle Creek City Precincts 7, 10, 12, 13, 19, 21, and a portion of 18. Todd can be reached at (269) 660-8717 or be email at todd4calhoun@yahoo.com.

**Jim Haadsma** (D) is a returning to the commission this year and represents District 3 which includes Battle Creek City Precincts 1, 2, 5, 6, 8, 9, 14, 16, 17, and portions of 15 and 18. Haadsma can be reached at (269) 964-3472 or by email at jhaadsma@mccroskeylaw.com.

**Steve Frisbie** (R) is new to the county commission this year. He represents District 4 which includes Bedford Charter Precincts 1, 2, 3, and 4; Convis and Pennfield Charter Townships Precincts 1, 2, and 3; and a portion of Battle Creek City Precinct 15. Frisbie can be reached at (269) 964-1693 or by email at sjfriz@gmail.com.

**Julie Camp** (R) is also returning to the County Board of Commissioners. She was recently elected as Vice Chair for the county and is the only female leadership elected to the County Commission. She represents District 5, which includes Athens; Emmett Charter Precincts 1, 2, 3, and 4; Leroy Township and Newton Township. Julie can be reached at (269) 781-9847 or by email at juliecamp5@gmail.com.

**Blaine Van Sickle** (R) represents District 6 which includes Marshall City Precincts 1 and 2; Burlington; Clarendon; Eckford; Fredonia; Marengo; Marshall Precincts 1 and 2; and Tekonsha Townships. Blaine can be reached at (269) 781-4400.

Rounding out the list of County Commissioners is **Art Kale**, newly elected to the County Commission and newly-elected Board Chair. Kale represents District 7 which includes Albion City Precincts 1, 2, 3, 4, 5, and 6 as well as Albion, Clarence, Homer, Lee and Sheridan Townships. Kale can be reached at (517) 629-4774 or by email at arthurkale@gmail.com.

Commissioner terms expire December 31, 2012.

**Kelli Scott**, County Administrator/ Controller can be reached at (269) 781-0966. Scott is the chief administrative and fiscal officer for Calhoun County government and is appointed by and accountable to the Board of County Commissioners. Scott is responsible for implementing policies established by the County Board, coordinating functions with County departments and agencies, representing the County in dealings with other governmental units and agencies, and recommending the budget to the County Board.

Further Scott provides general staff assistance to the Board of

Commissioners, advising of problems, needs and policy alternatives; acts as liaison between the board and various elected and appointed officials, boards and commissions; develops and monitors systems and strategies to accomplish the goals and objectives of the Board.

She works closely with the Administrative Management Team, which also includes the Assistant County Administrator, Civil Counsel, Administrative Services Director, and the Finance Director.

**Richard C. Lindsey, Jr.** serves as Corporation Counsel & Freedom of Information Act Coordinator and can be reached at (269) 781-0966 or rlindsey@calhouncountymi.gov.

**Christine Zuidema** serves as the Deputy Clerk to the Board and can be reached at (269) 781-0966 or czuidema@calhouncountymi.gov.

With our newly elected leadership comes responsibility to the people who put them in office. To share your opinions contact your representatives. There is no reason to let your voice go unheard. It is just as important to share praise as well as frustrations and suggestions. County and City Commissions are available at regularly scheduled meetings or by phone and email. Visit a state representative at a coffee, town meeting or staff at their local office. Visit individual websites for exact hours.



*Thank you to Erv Brinker*

*Southwest Rehab would like to acknowledge and thank Erv Brinker for his generous donation as a founding donor of the Envision Center.*

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# Entertainment Calendar

## Events In January and February

### January

**15: OPENING DAY @ CORNWELL'S**, 800-228-4315, [www.turkeyville.com](http://www.turkeyville.com).

**18-19: SESAME STREET LIVE 'ELMOS'S GREEN THUMB'**, Kellogg Arena, (269) 965-3308, <http://tinyurl.com/2vv7rmj>.

**19: WINTER BLUES FESTIVAL**, Franke Center for the Arts, 3pm, (269) 781-0001, [http://frankecenterforthearts.org/events/taf?\\_function=detail&id=169](http://frankecenterforthearts.org/events/taf?_function=detail&id=169).

**22: BC REVOLUTION AAHL HOCKEY vs The Indiana Blizzard**, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**22-Feb 19: GOLDEN AND MCDONALD, Visual Artists**, Albion College - Bobbitt Visual Arts, (517) 629-0246, [www.albion.edu/art/exhibitions](http://www.albion.edu/art/exhibitions).

**28-30: Traditional Bowhunters Expo**, Kalamazoo County Expo Center & Fairground, [www.kalcounty.com/parks](http://www.kalcounty.com/parks).

**28: BC REVOLUTION AAHL HOCKEY, Vs The Madison Ice Muskies**, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**28: THE REPERTOIRE DANCE COMPANY**, Franke Center for the Arts, 8pm, (269) 781-0001, [www.frankecenterforthearts.org](http://www.frankecenterforthearts.org).

**29: BC REVOLUTION AAHL HOCKEY Vs The Madison Ice Muskies**, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**28-30: TIP UP FESTIVAL**, Quincy, (517) 639-7355.

**29: ICE FEST**, Downtown Coldwater, 10am-3pm, (517) 279-9375, [www.ColdwaterDDA.org](http://www.ColdwaterDDA.org).

**29: MEN WHO COOK, A Gourmet Extravaganza**, Yarrow Golf and Conference Resort, 7pm, (269) 565-2199, [www.musiccenterscmi.com/concerts/specialevents.htm](http://www.musiccenterscmi.com/concerts/specialevents.htm).

**30: THE CARDBOARD CLASSIC SLED RACE**, Victory Park, Albion, 12:30pm, (517) 629-5533, [www.greateralbionchamber.org/chamber-events.html](http://www.greateralbionchamber.org/chamber-events.html).

### February

**4: BC REVOLUTION AAHL HOCKEY Vs The Indiana Blizzard**, 7pm, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**5: FEBRUARY FREE FOR ALL, Kingman Museum, 1-5pm**, (269) 965-5117. Free event to visit the museum, enjoy interactive programs for the whole family, and see a planetarium show for \$1. [www.kingmanmuseum.org/events.cfm](http://www.kingmanmuseum.org/events.cfm).

**5: CIRQUE DE LA SYMPHONIE, 7:30pm**, W.K. Kellogg Auditorium, (269) 565-2199. High-flying aerialist Alexander Streltsov is back by popular demand, bringing a team of jugglers and acrobats for an evening of gorgeous music and non-stop, breath-taking action. Advance tickets start at \$13, [www.musiccenterscmi.com/concerts/landingpage1102.htm](http://www.musiccenterscmi.com/concerts/landingpage1102.htm).

**5: CHAMPAGNE AND CHOCOLATE**, Art Center of Battle Creek, (269) 565-2199. Gathering with entertainment at the Art Center after the blockbuster Cirque de la Symphonie concert. Tickets \$15, [www.musiccenterscmi.com/concerts/specialevents.htm](http://www.musiccenterscmi.com/concerts/specialevents.htm).

**5-6: ALBION COLLEGE INDOOR WINTER SERIES: Jumper Show, 9am**, Albion College - Nancy G. Held Equestrian Center (517) 629-0836. Horses and riders from around the region will compete for prize money and points. [www.albion.edu/heldcenter/news-and-events](http://www.albion.edu/heldcenter/news-and-events).

**10-13: THE WIZARD OF OZ**, Franke Center for the Arts, (269) 781-0001. Time to journey down the yellow brick road! Thur, Fri and Sat shows at 7pm, Sun show at 2:30pm. Tickets are \$10 Adult, \$5 children under 12. [www.frankecenterforthearts.org/events/taf?\\_function=detail&id=167](http://www.frankecenterforthearts.org/events/taf?_function=detail&id=167).

**12: BC REVOLUTION AAHL HOCKEY Vs The Indiana Blizzard, 7pm**, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**18: BC REVOLUTION AAHL HOCKEY Vs The Lapeer Loggers, 7pm**, Revolution Arena - The Rink, 7pm, (269) 339-8488, <http://bcrevolutionhockey.com>.

**26-Mar 26: LISA INGLESIAS Visual Artist**, Albion College - Bobbitt Visual Arts, (517) 629-0246. [www.albion.edu/art/exhibitions](http://www.albion.edu/art/exhibitions).

For additional events, visit [www.battlecreekvisitors.org](http://www.battlecreekvisitors.org) or email [info@battlecreekvisitors.org](mailto:info@battlecreekvisitors.org). To add events to this calendar please email details to Sherii Sherban at [sheriis@wvthayne.com](mailto:sheriis@wvthayne.com).

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## 95% of Calhoun County Retailers Refused Sale of Alcohol to Minors During Two Day Compliance Checks

Of the 165 bars, restaurants and stores trained underage decoys entered, only nine allowed them to purchase alcohol. This 95% compliance rate demonstrates the commitment of Calhoun County retailers to prevent underage access to alcohol and keep the youth of our community safe. Eliminating access to alcohol is one of the most effective means to prevent the negative consequences of underage drinking and a driving force behind the dedication of law enforcement and the Substance Abuse Council to ensure these compliance checks are conducted regularly.

“It’s easy for someone to view compliance checks negatively and think we’re just looking to ‘bust’ places, however, these checks actually continue to impress upon our community how many of our alcohol retailers are actually doing the right thing and

refusing the sale of alcohol to minors. We look at violations as opportunities to provide support to our local businesses and we can’t effectively solve underage drinking problems in our community if we don’t assess potential sources for these problems,” said Dawn Smith, Substance Abuse Council’s new Executive Director.

The decoys, under the legal age to purchase and consume alcohol (21), are trained in cooperation with local law enforcement, Criminal Justice instructors and Substance Abuse Council staff and are accompanied by officers during the compliance checks. In Michigan, people under age 21 are issued a vertical driver’s license. People 21 and over are issued horizontal licenses. Of the nine that sold to the underage decoys, seven, or 78%, asked for identification, were presented the decoy’s actual license, and still sold alcohol to the decoy.

Although the December 15 and 16 compliance check rates fell 4% from the 99% rate of compliance during the spring of 2010, local rates of compliance have steadily increased since 2005 and continue to be exceed the compliance rates reported for the state of Michigan by the Michigan Liquor Control Commission.

“Overall, we’re pretty pleased with the results. We commend the commitment of local retailers that contribute to the health and safety of our young people and community, and refuse the sale of alcohol to minors. Of course, we’d like to see 100% of our businesses in compliance; therefore, our organization will continue to provide support and education to local businesses to help prevent these sales from occurring in the future,” Dawn Smith stated.

For more information, please visit our website at [www.drugfreebc.org](http://www.drugfreebc.org).

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## New President At Olivet College



Steven M. Corey, Ph.D., has officially assumed duties as president of Olivet College. He is the 27th person to lead the institution in its 166-year history.

"I am excited to finally arrive on campus," Corey said. "While a seemingly simple act, it represents months of very hard work by many. My main objectives will be to get to know the community, and to hear from as many members as possible about their hopes, dreams and aspirations for our college.

"We will be embarking on a new vision for the college, one that will help to set the course for the next couple of decades," he continued. "This is going to take our best effort and will include all members of the campus community in the process."

Corey previously served as executive vice president of Prescott College in Prescott, Ariz. His duties have included direct responsibilities in areas such as board relations and development, fundraising, finance, organizational leadership, enrollment management, campus development, curriculum and faculty, and public policy and legislative affairs. In addition, he has served as an associate Ph.D. faculty member and adjunct faculty member.

Prior to Prescott, Corey served as fellow for administrative collaboratives for the Tennessee Independent Colleges and Universities Association. He also spent 10 years at Cumberland University of Tennessee, where he served as an administrator and faculty member.

A native of Clovis, Calif., Corey's family includes wife, Traci, and daughter, Karli.

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Left to right:  
Evanne Danson, Tarek El Shaarawy, MD, Marvett Cowan, Michele Smith,  
Lari Schipper, RN, Martha Lester, RN



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## BC Agriculture Important to Economy

by Jan Frantz

The Battle Creek economy has thrived on food processing, and the bounty of Michigan agriculture, since the turn of the 20th century. Now claiming the largest modern industrial park in Michigan, Battle Creek's original agricultural heritage remains an integral part of its economy.

Battle Creek Unlimited, providing economic development services for more than three decades, now champions Battle Creek as the premier location for food protection and food protection training services. The International Food Protection Training Institute (IFPTI) and its parent organization the Global Food Protection Institute continue to favorably impact the Battle Creek economy.

"The IFPTI benefits not only Battle Creek, but also the state of Michigan," said Karl Dehn, president and CEO of Battle Creek Unlimited. "Its recent and unprecedented support at the federal level positions IFPTI as a definitive nationwide force in the future of food safety and national agricultural policy."

Recognizing Senator Debbie Stabenow's potential as chair of the Senate Agriculture, Nutrition, and Forestry Committee, Dehn credits Stabenow as among the determined supporters of a foundation for food safety in the U.S. Battle Creek's fledgling food safety infrastructure expanded and increased its training programs as a result.

Throughout her years in the U.S. Senate, Stabenow has advocated for Michigan agriculture, with an estimated economic impact of \$71.3 billion. Stabenow's untiring efforts on the Senate Agriculture, Nutrition, and Forestry Committee led to successful international opportunities for Michigan food producers, and legislation important to specialty crop programs, nutrition programs, and a focus on agricultural research. Stabenow took a lead role in crafting the 2008 Farm Bill, with historic focus on specialty crops, agricultural research, and conservation.

Battle Creek Unlimited is a tax-exempt, non-profit corporation under contract with the city of Battle Creek for economic development. Marketing and managing Fort Custer Industrial Park since its inception in the early 1970's, Battle Creek Unlimited conducts downtown development for Battle Creek as well, promoting a downtown transformation with more than \$85 million in public and private investment. Throughout the region, Battle Creek Unlimited also contracts with the city of Marshall, Michigan for economic development.

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*Southwest Rehab would like to acknowledge and thank Southwest Rehab Team Members for their generous donation as founding donors of the Envision Center.*

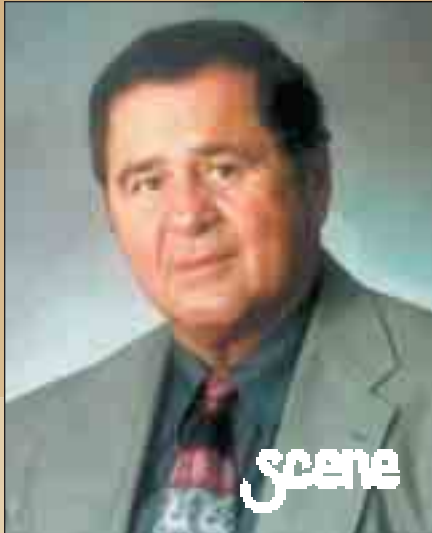
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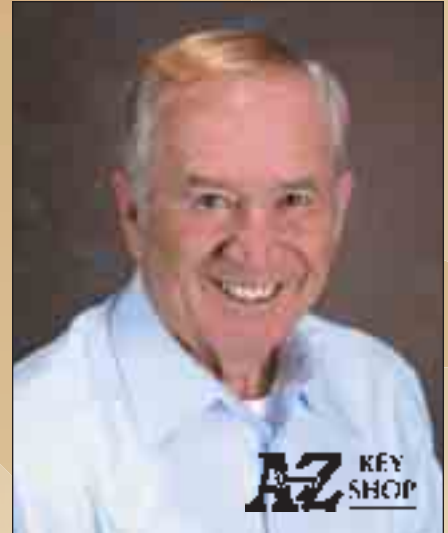
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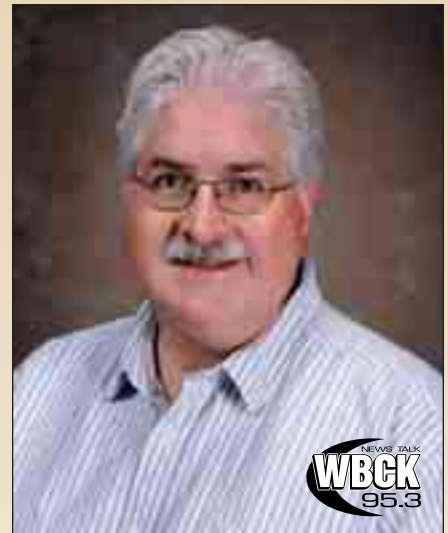
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**TIM COLLINS**  
Operations and Program Director and daily fixture on the WBCK morning show. Tim also works as a professional musician, is on the Franke Center for the Arts board, and enjoys vegetable gardening.  
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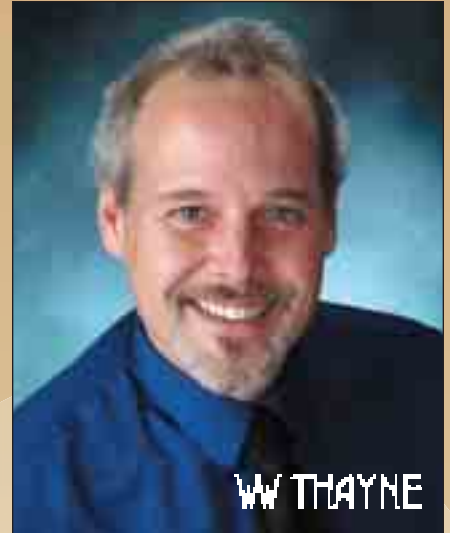
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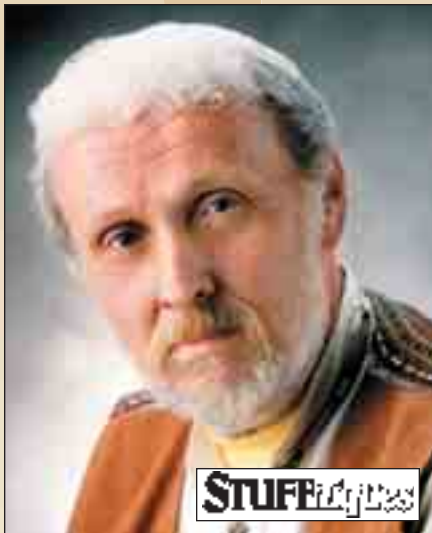
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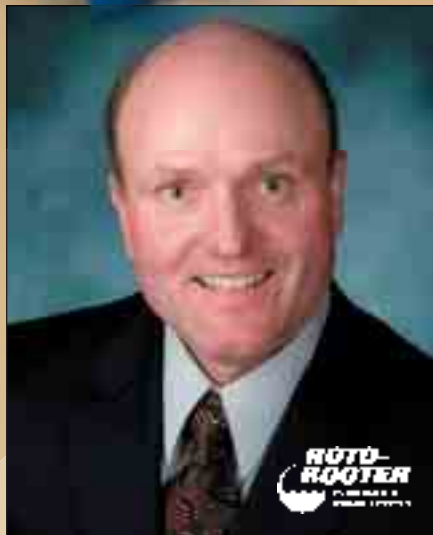
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**JEFF HAGEN**

Executive Director. Responsible for all operations, programs and services provided by this senior living community comprised of 100 independent apartments and 50 assisted living suites.

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**JEFF JENNINGS**

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**ROY LaFOUNTAIN**

Hosts the WBCK Morning Show. Roy began his career in radio more than 30 years ago in Battle Creek. You're invited to join Roy weekday mornings 5:30-9:00.

**269-963-5555**



**ROBERT NELSON**

Assistant News Director and Chief Operator at WBCK. Born and raised in Battle Creek, Robert is a whiz at computers, building his own "super" computer, and keeping WBCK's I.T. issues under control.

**269-963-5555**



SCENE MAGAZINE'S MEN IN BUSINESS



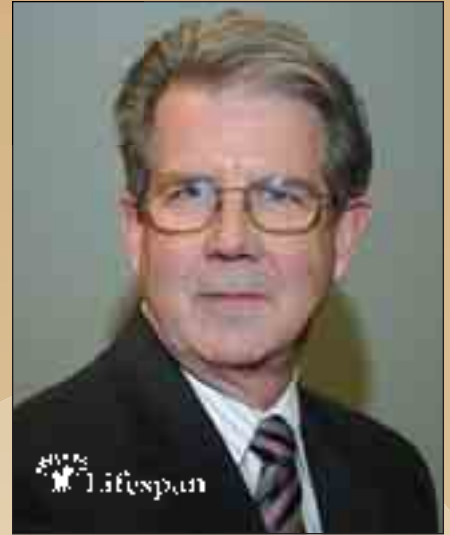
**DAVE POWELL**

Dean. Responsible for the academic curriculum, technical training and fleet of over 40 aircraft available to the over 700 students enrolled in the college's program.  
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**RENK**

Conservative local radio talk host of "Live With Renk", heard weekdays at 9am. Renk takes calls from listeners on the top issues affecting all Americans. His mission is to inform America, one listener at a time.  
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**JOHN RUSWINCKEL**

President and CEO. Responsible for strategic planning, vision and community partnerships and collaborations. Will provide leadership to the Lifespan organization through healthcare reform.  
**269-660-3600**



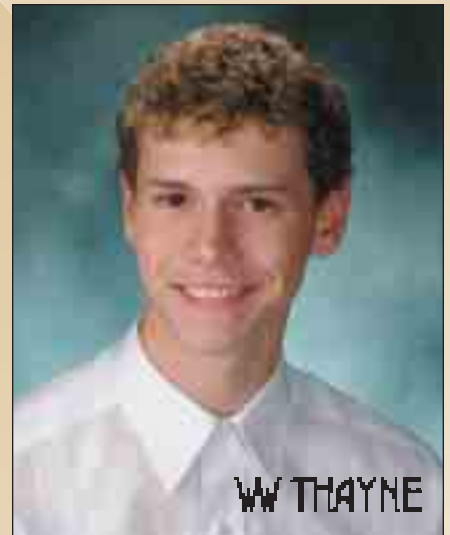
**CHRIS SARGENT**

President & CPO. Dedicated to helping individuals in need. Joined UWGBC in 2004 as director of resource development, named vice president in 2007 and president in January 2009.  
**269-962-9538**



**T.R. SHAW, JR.**

Owner/President. Helps families through all aspects of funeral planning, memorialization and aftercare. Active in many civic and military affairs. Serves on the board of Michigan Funeral Directors Assn.  
**269-979-3838**

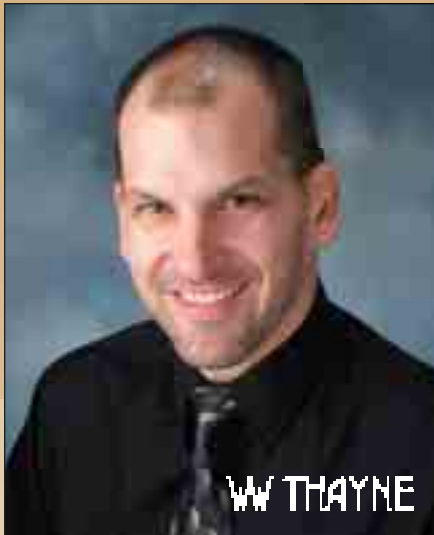


**DAVID SHERBAN**

Graphic Artist. Responsible for layout and design of Senior Times, speciality projects and design for W.W. Thayne Advertising.  
**269-979-1411 ext 202**



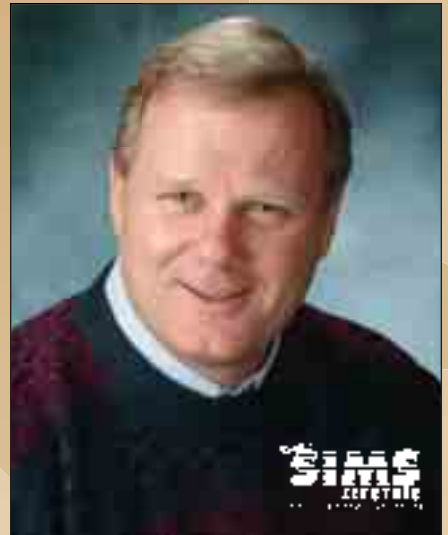
SCENE MAGAZINE'S MEN IN BUSINESS



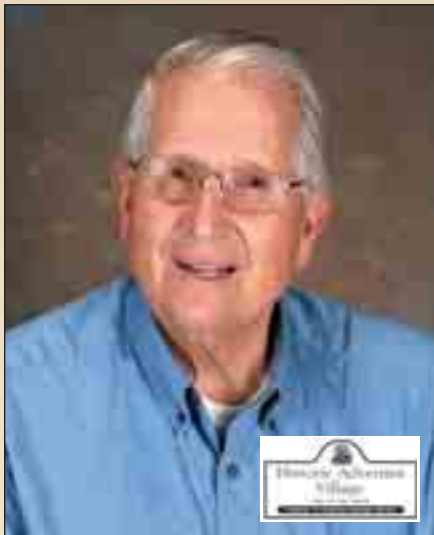
**KEITH SHERBAN**  
Corporate VP and Computer Systems Manager. Specializes in digital design, web page development, photography and digital retouching. Technical writer and video script writer and producer.  
**269-979-1411**



**CHUCK STALLARD**  
Licensed Funeral Director. Helps families through all aspects of funeral planning, memorialization and aftercare. President of Battle Creek Kiwanis Club and active in several other community activities.  
**269-979-3838**



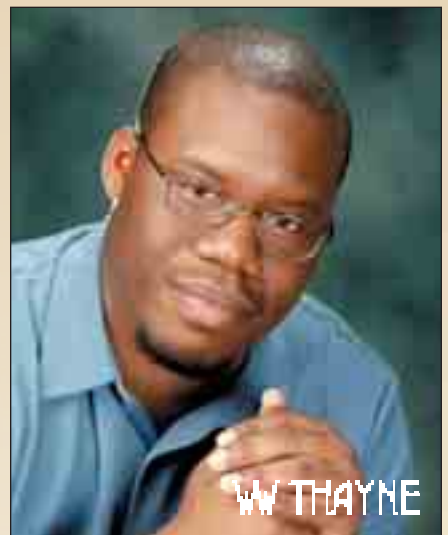
**ANDY SIMS**  
Owner of Sims Electric/Knolls, a heating and electric company. Andy oversees the operation of his 23 people. Andy also does heating and electric estimates.  
**269-963-7910**



**DUFF STOLTZ**  
Director and Keeper for the Adventist Village. Duff is a walking talking history book for the Seventh Day Adventist faith, and historian for the Battle Creek community.  
**269-965-3000**



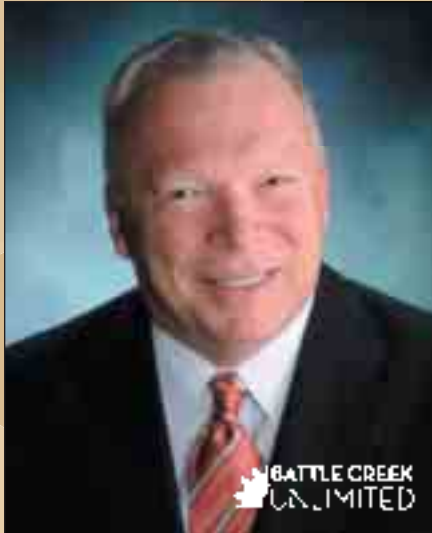
**LEE TALMAGE**  
Exec. Dir. Promotes and administers affordable rental and homeowner-ship initiatives. Including 400 rentals, 590 rental assistance vouchers, and specialized property management services.  
**269-965-0591**



**MATT TRAVIS**  
Graphic Artist. Creatively executes ideas and concepts. Solves design issues in areas such as identity systems, logos, page layouts, packaging, posters, web page design and other print media.  
**269-979-1411**



SCENE MAGAZINE'S MEN IN BUSINESS



**DOUG VOSHELL**

Marketing Director. Responsible for international and domestic business attraction, retention, expansion and development of the Fort Custer Industrial Park, WK Kellogg Airport, BC Aviation, Smartzone and the BCTIFA.

**269-962-7526**



**ROB WAGLEY** – Mgr. at Cumulus' Kalamazoo and Battle Creek stations with extensive radio and TV experience, and a B.A. from MSU. Rob's passion is helping local businesses grow and prosper. He also works as a high school sports official.

**269-963-5555**



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## Building A New Michigan. Together.

by Deb Muchmore

Business Leaders for Michigan and The Center for Michigan, convened more than 400 leaders from across the state for the Common Sense Reforms for a New Michigan forum. The forum featured discussion from experts inside and outside of Michigan for an audience of business, community, education and policy leaders. The agenda included sessions on public sector efficiency, state competitiveness and proper funding priorities.

"The forum identified the major changes Michigan needs to make to achieve fiscal health, many of which are contained in the Michigan Turnaround Plan. Business Leaders for Michigan stands ready to help and support Governor Snyder and the new legislature act upon these ideas," said Doug Rothwell, president & CEO, Business Leaders for Michigan.

"We hope the summit set the table for the new governor and Legislature to make sweeping, positive changes in 2011 and beyond," said Phil Power, president of the Center for Michigan. "What we're talking about are Main Street views of Michigan's future. Many of the issues under discussion were first raised directly by everyday citizens in the Center's 580 statewide Community Conversations since 2007. We're pleased to be able to amplify those citizen voices."

Attendees also heard about innovative, commonsense and successful leadership models that have been advanced in other parts of the state and country to deal with challenges like those in Michigan.

The Center for Michigan's objective is to assist our state through its current period of wrenching economic trouble and to lay the foundation of informed hope for a better future Michigan. For more information, visit the Center's website at [www.thecenterformichigan.net](http://www.thecenterformichigan.net).

### About Business Leaders for Michigan

Business Leaders for Michigan ([www.BusinessLeadersforMichigan.com](http://www.BusinessLeadersforMichigan.com)), the state's business roundtable, is dedicated to making Michigan a "Top Ten" state for job and economic growth. The organization is composed exclusively of the chairpersons, chief executives or most senior executives of Michigan's largest companies and universities, which provide over 300,000 jobs in Michigan, generate over \$1 Trillion in annual revenue and serve over 130,000 students. The organization's work is defined by the Michigan Turnaround Plan, a holistic, fact-based strategy to get Michigan's economy back on track. Visit [www.michiganturnaroundplan.com](http://www.michiganturnaroundplan.com) for more information.

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# Fun With Food

BY JOANNA STELLOH PHELPS

## Holiday Appetizers



With the holidays over, the cold weather is just beginning and that is when I crave hearty soups. It is great to go out to shovel or snow blow and come into the house for a steaming bowl of

this soup. This recipe calls for ground beef, ground turkey or pork can be used as well.

### Norwegian Meatball Stew

- 4 tablespoons butter
- 1/2 package sliced mushrooms
- 3 celery ribs, chopped
- 1 medium onion, chopped
- 3/4 cup carrots, thinly sliced
- 2 tablespoons Wondra flour
- 2 cups chicken broth
- 3 cups beef broth
- 2 Bay leaves
- 2 teaspoons each of onion and garlic powders
- 1 teaspoon dried dill and parley
- 1-2 tablespoons Better than Bullion (beef or mushroom)
- 1/2 medium package of medium or wide egg noodles
- 1 cup sour cream
- 1 teaspoon celery salt
- Salt and pepper to taste

### Meatball mixture:

- 1 pound of ground beef (or blend of beef, pork and/or veal),
- 2 tablespoons Dijon mustard,
- 3/4 cup dry Italian bread crumbs
- 1 egg
- 1 teaspoon nutmeg
- 1/2 teaspoon ginger
- 1/2 pinch of cardamom
- Salt and pepper to taste

**Instructions:** In stock pot, melt butter; add mushrooms, celery, onions, and carrots and sauté. Add Wondra and stir to thicken and then add chicken and beef broths, Bay leaf, onion and garlic powders and cover and bring to a boil. In the mean time, in a separate bowl, mix ground beef, mustard, bread crumbs, egg, nutmeg, ginger, cardamom, salt and pepper. When soup is boiling, uncover and drop small meatballs into soup and continue to cook about 10 minutes. Add noodles and cook another 7 minutes or until noodles are tender. Stir in sour cream and heat through (do not return to boil as sour cream will curdle) and salt and pepper to taste.



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- Mike Oursler, CEP® – Financial Advisor
- Travis Morse – Financial Advisor

• Laura Bean – Registered Service Associate & Branch Operations Manager

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We serve our clients in a consultative, team-based approach that examines all aspects of their financial lives. We put our

clients' interests above our own or those of our firm.

Our objective is to accomplish this mission via a mutually beneficial client-advisor relationship, while giving back to our community.

We make the following commitments to our clients; protection of privacy, a disciplined investment process, objective recommendations, and regular & effective communication. The 4 key steps in honoring these commitments are:

1) To **understand** our clients' needs & goals and the timeframe in which they would like to achieve these needs & goals. We first establish the relationship, gather clients' essential financial information, and provide a review on the scope of our services.

2) To **design** an individualized financial plan that will help achieve these needs & goals. We will analyze & evaluate clients' needs, collaborate with your other trusted professionals (i.e., CPAs, Attorneys, etc.), provide education on our findings & solutions to these needs & goals, and confirm our recommendations with each client on an individual basis.

3) To **implement** this plan in conjunction with your other trusted professionals. We will adopt a plan on action, coordinate this plan with your other trusted professionals, and enact your individualized solutions.

4) To **manage** this plan. We will continuously monitor the progress of your plan, review & revise, when necessary, and we will conduct regularly scheduled client reviews in order to communicate to you, the progress of your personal plan.

Our team is committed to professional development and to increasing our personal knowledge. We participate in numerous forms of continuing education programs throughout the year to further our ability to serve our clients.

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If you would like to schedule your complimentary initial consultation, please give us a call at 269-979-3300 or visit our website at [www.BattleCreekRetirement.com](http://www.BattleCreekRetirement.com), thank you!



~Matt Buikema, Mike Oursler, Travis Morse, and Laura Bean

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## Mortgage Interest Deduction Pays Dividends for Home Owners



Although recent reports of plans to eliminate or modify the mortgage interest deduction are widely exaggerated, the National Association of Realtors® will remain actively engaged to ensure that the nation's 75 million home owners will continue to receive this important benefit.

The Deficit Reduction Commission has released its recommendations toward reducing the U.S. deficit, which include modifying a number of popular tax breaks, including the mortgage interest deduction. President Obama created the 18-member, bipartisan commission earlier this year to identify ways to balance the budget by 2015. The commission does not have any legislative power, and the commission's report is just the first step of a lengthy process.

Now that the report has been published, it is reviewed by members of Congress who will decide if they want to incorporate any recommendations into legislation, although they are not required to do so. If altering the mortgage interest deduction (MID) ever becomes a discussion point in Congress, the Realtor® community stands ready to defend it. The MID is both a powerful incentive for home ownership and one of the simplest provisions in the tax code.

The MID allows an individual to deduct mortgage interest paid on mortgage debt of up to \$1 million. The deduction is available for interest on mortgages for a principal residence and one additional property. Individuals claiming the MID also must itemize their taxes.

The ability to deduct the interest paid on a mortgage can translate into significant savings at tax time. For example, a family who bought a home this year with a \$200,000, 30-year, fixed-rate mortgage, assuming an interest rate of 4.5 percent, could save nearly \$3,500 in federal taxes when they file next year.

According to the most recent IRS tax return data available, 65 percent of families who claim the MID earn less than \$100,000 per year. "Home owners already pay 80 percent to 90 percent

of U.S. federal income tax, and among those who claim the MID, almost two-thirds are middle-income earners," said National Association of REALTORS® Chief Economist Lawrence Yun. "If the tax break is modified or eliminated, home values could fall 15 percent nationwide, as buyers discount the value of the MID in their purchase offers."

The Battle Creek Area Association of REALTORS® understands that the MID saves the average home owner thousands of dollars at tax time and helps American home buyers get into their first house.

"In today's market, eight out of 10

home buyers must borrow money to buy a home," said Denise Beech, President of the Battle Creek Area Association of REALTORS®. "For aspiring home owners who don't have hundreds of thousands of dollars in savings to buy a home outright, tax benefits like the mortgage interest deduction help them begin building their future through home ownership."

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## A comfortable retirement requires turning retirement savings into retirement income

Spending time with family, pursuing hobbies or volunteering for a favorite charity – these are some of the common ambitions of men and women approaching retirement. One challenge retirees often face, however, is how to replace earnings to fulfill their vision for working less or not at all.

Like most people, you may have saved for retirement over your entire career. As your working years draw to a close, you probably face a new and distinctly different financial challenge: replacing income from your biweekly or monthly payroll checks.

What is the best way to replace your working income with investment income? It is no small matter to construct an income stream to support your lifestyle in retirement. Possibly, for this reason, nearly half of all affluent Americans do not have a retirement income plan.<sup>1</sup>

Pre-retirement planning calls for developing a retirement budget and matching income with expenses through a careful financial review. The future by its nature brings uncertainties, and your income planning should account for them. At an average retirement age of 62<sup>2</sup>, retirement could span as much as 25 or 30 years, taking in changes in your life and health, your finances and investment markets. These changes may be difficult to quantify but are important to consider.

While retirement is often referred to as a stage in life, the full span of retirement may actually include multiple stages, each with its own financial impacts. Initially, you and your spouse may pursue travel, volunteering or even part-time work. As you grow older, you may slow down in a second phase and have altered financial requirements. In the later stages of life,

health and mobility may constitute a third stage of retirement life.

It is not uncommon for retirees to draw from multiple financial sources whose income streams offer varying financial, tax and regulatory considerations. It can be a challenge to try to evaluate your income streams from Social Security, IRAs and perhaps from pensions and various former employer plans.

For example, when to initiate Social Security payments is one such decision. Each retiree elects when to initiate Social Security payments – whether to defer payments until age 70 for maximum benefits or to accept a reduced payment level at 62 or older.

From a comprehensive review of your financial assets and income needs, an advisor can help determine an appropriate hierarchy of accounts to deliver retirement income in a suitable and tax-efficient matter.<sup>3</sup>

Recognizing when to get professional advice is one of the great lessons that experience teaches in life. Entering retirement is one of those times when it may be wise to seek a trusted advisor to devise and put in place your retirement income strategy.

<sup>1</sup> Cogent Research, Investor Brandscape, 2007.

<sup>2</sup> EBRI (Employee Benefit Retirement Institute).

<sup>3</sup> Wells Fargo Advisors does not render legal or tax advice.

*This article was written by Wells Fargo Advisors and provided courtesy of Benjamin Roosevelt MBA, Financial Advisor in Battle Creek at (269) 979-4147*

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At Southern Michigan Bank & Trust we recognize that it can be a challenge to fit everything into a work day, which is why we come to you with our mobile courier service, internet banking, bill pay, e-statements and branches conveniently located throughout Calhoun County. Our branches in Calhoun County include Battle Creek, Marshall, Athens, Union City and Tekonsha. We also serve Branch, Cass, Hillsdale and St. Joseph Counties with 17 branches across southern Michigan.

Our staff at Southern Michigan Bank & Trust is here to help with the financial questions that affect your life and business. Deb Davis, a Loan Officer, is located in our Beckley Road office to assist with commercial, mortgage and retail loans. She is highly qualified to provide support for clients interested in construction or bridge loans, new home purchases and refinancing. Diane Krimmel and Tammy Malatok, Retail Loan Officers, also support the mortgage and retail lending needs in the Marshall area. Branch banking needs can be handled with the help of Claudia Murch at the Beckley Road office and Annette Campau at our newest location in Marshall.

The Trust Department is represented by Mary Guthrie and Dave Rumsey who can help you with trust and investment needs. Our Trust Department staff will meet with you to review your personal and financial information. The next step is to work with you to design and implement an investment, financial or



estate plan that is tailored to your specific needs.

As your bank, we do so much more than simply process transactions. Southern Michigan is your one-stop shop for all of your business and personal banking solutions; checking, savings, financing, 401k assistance, Internet banking with online bill pay and more. Our priority is to provide the support you need to manage your finances effectively and efficiently. We can help make the

financial challenges you face easier to handle.

In this age of banking there are always concerns and questions for which you should be able to find answers. Southern Michigan Bank & Trust has taken the steps to help communities learn about identity theft protection and to guard against other crimes that may effect your financial well being. In communities across southern Michigan we have sponsored financial literacy curriculum in schools, sponsored workshops and seminars to build awareness of crime prevention and maintain information and tools in our branches to assist our customers.

Throughout the 139 year history of Southern Michigan Bank & Trust, service has always been the key to success. As our bank assists the people of south central Michigan meet their financial goals; its customers can always look to Southern Michigan Bank & Trust for “Banking As It Should Be.”



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*Claudia Murch, Assistant Vice President and Battle Creek Branch Manager*

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## Mayor Baldwin Jumpstarts Challenge

Mayor Susan Baldwin champions the Calhoun County Challenge. "I am the poster child for this health challenge. But it's not just about weight loss, it's about a lifestyle change," said Baldwin. The weight loss challenge goal for the county is 100,000 pounds.



Baldwin



Corey

## Corey Named President Olivet College

Steven M. Corey, Ph.D., has officially assumed his duties as 27th president of Olivet College, according to an announcement by Board of Trustees Chair David Hayhow. He succeeds former president Donald Tuski, Ph.D., who resigned in March to serve as president of Maine College of Art in Portland, Maine. Corey previously served as executive vice president of Prescott College in Prescott, Arizona. A native of Clovis, Calif., Corey's family includes wife, Traci, and daughter, Karli.

## McDonald Promoted to President



McDonald

Todd McDonald has been promoted to President of CSM Group after serving as Group VP for CSM Group since 2007. Todd joined CSM as a Project Engineer in 1988. As one of the original equity partners in the firm, Todd has helped support the growth of CSM from a local CM to an organization operating nationally. His extensive experience in the industry is a proven asset to CSM clients. Todd's strong belief in giving back to our communities both personally and professionally has fueled CSM's strong community involvement. Todd's service includes committee and board positions with United Way, Lifespan, and Community Inclusive Recreation.

## Segal Honors Director's 20 Years of Service

State Representative Kate Segal recently presented a legislative tribute to former Calhoun County Substance Abuse Council (SAC) Executive Director Suzanne Horsfall, who retired after 20 years of dedicated service to the community. Since joining the SAC in 1991, Horsfall has made great strides in the effort to prevent and reduce substance abuse throughout Calhoun County and all of Michigan. During her career, she received the Calhoun County Law Enforcement Community Service Award and was recognized nationally by the White House Office of National Drug Control Policy.

*PHOTO: State Representative Kate Segal, left, presents a legislative tribute to former Calhoun County Substance Abuse Council (SAC) Executive Director Suzanne Horsfall, who retired in December after 20 years of dedicated service. A Battle Creek native, Horsfall was instrumental in building a community-wide coalition and implementing programs that reduced and prevented substance abuse in Calhoun County.*



## CCRC Elects Mobley Committee Chair

The Calhoun County Republican Committee (CCRC) elected its new leadership team for 2011-2012 at a recent meeting. Steven Mobley, a recent candidate for the Michigan House of Representatives and current member of the Athens Village Council, was elected as Committee Chair. Julie Camp, who begins her second term as District 5 County Commissioner in January, was chosen to serve as Vice-Chair. Camp actively serves on several committees throughout Calhoun County.



## OMNI Receives Five-Star Rating

OMNI Community Credit Union has announced receiving a five-star rating from Bauer Financial. The five-star rating is the highest that can be received by a financial institution. Bauer Financial is a company that analyzes and rates financial institutions nationwide. "We view ourselves as responsible stewards of our members' money and we continue to lend," said Ted Parsons, Chief Executive Officer for OMNI Community Credit Union. "The five-star rating continues to reinforce our financial strength."



## BCHS Radiology Staff And Physicians Help Charity

BCHS radiology associates and physicians joined Battle Creek Community Foundation and Miller College by contributing to The Haven/Inasmuch House's drive to purchase an automated external defibrillator. Celebrating the purchase are (L-R) William Coughlin, M.D. and James Timmons, M.D., Ph.D. of Radiology Consultants PLC and members of the BCBS medical staff; Daniel Jones of The Haven; and Michelle Getman representing the BCBS radiology department. The defibrillator will be used to diagnose and treat abnormal heart rhythms.



## KCFCU Meets United Way Goal

Kellogg Community Federal Credit Union is pleased to announce the successful completion of their annual employee United Way campaign. The 2010 campaign was lead by a team of

KCFCU employees who spent time setting goals, planning and promoting the campaign. In an effort to reach their fundraising goal, employees donated funds and participated in pop can drives, dress down days and other fun activities throughout the year. In addition to the employees' personal pledges, the board and official family of KCFCU agreed to match the funds bringing the generous total to \$10,162.



### Pat Fosdick Changes Course



**Fosdick**

With decades of serving the community behind her, Pat Fosdick decided to take a new direction in her working life. Call it retiring if you like, but re-firing is more like it.

Fosdick announced her retirement from Guardian Finance and Advocacy Services where she served for over fourteen years. Beginning as a representative payee worker she rose to be director of client services and later as director fund development. In her career prior to Guardian she was volunteer coordinator at Red Cross, on the staff of Senior Times and at the Calhoun County human resources department.

### JA Titan Challenge Winners Crowned

Junior Achievement of Southwest Michigan (JA) crowned the top "Titan of Industry" to a team from Schoolcraft High School at the sixth annual JA Titan Challenge. JA Titan is an educational program for high school students designed to teach them about running a successful business and the decisions that are important to maintain success.

*PHOTO (l to r): Sydnee Sefton, Mitchell McEachern, Ryan Hunt, and Trevor Joftscheff.*



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## Local Expert Eric Smith Teaches Martial Arts as a Way of Life



It's been said, "A person who knows his own mind and sticks to it sees at once what is to be done in a given circumstance and does it." He doesn't beat around

the bush for difficulties or excuses, but goes the shortest and most effectual way to attain his own ends or accomplish a useful task, and finds both satisfaction and success in his endeavors to help others.

Eric E. Smith knew at the young age of eight that martial arts would one day become a way of life. He has dedicated thirty-seven years of his life to a healthy

lifestyle that advocates lifelong training of the mind, body, and spirit, while maintaining harmony and balance in work, rest, and play through martial arts. He holds a 2nd degree black belt in Korean Moo Duk Kwan Tang Soo Do under Mike Nunnally of Battle Creek; a 2nd degree black belt in Doce Pares Eskrima (Filipino Martial Art) under legendary Grandmaster Ciriaco "Cacoy" Canete of Cebu City, Philippines; and a 5th degree black belt in Hama Ryu Jutsu under Professor Walt Hartwich of Lafayette, IN. In 2003, he was honored by being inducted into the United States Martial Arts Association's Hall of Fame.

Smith was born in the "City of Angels," Los Angeles, California on November 30, 1965. His parents brought

him to Battle Creek when he was just three weeks old, and he lived with his maternal grandparents until he was five, moving back to Los Angeles. When he was eight years old, his mother felt they should return to Battle Creek, which would be a better place to raise her young son and he would be able to carry on his relationship with his grandparents.

Eric's mom enrolled him in Ann J. Kellogg Elementary School as a third grader in 1973, and the following year he transferred to the parochial school system at St. Philip Catholic Central High School. While there, he lettered in Varsity Basketball with the Tigers his junior year, but his interest in martial arts took time away from most of his after school activities, save for his studies. He



Mike Nunnally, Eric and Richard Bustillo



Jean Jacques, Rigan, Tyron Gooden, Eric, Ryan Fiorenzi, Roger, John, Carlos, and Marco Santos

eventually gave up the cage sport. He graduated from STP in June of 1983.

Smith worked briefly and decided to join the army in November of '83. He served three years of active duty at Fort Hood in Texas. Fort Hood is a military post built in 1942, located outside of Killeen, Texas and was named after Confederate General John Bell Hood.

Smith was discharged in the fall of 1986, but stayed active in the Army Reserves for another 3 1/2 years. He took a job with Kellogg's in the mail room and later worked in security from January 1987 until 1993. He was working his way through college at Western Michigan University, eventually obtaining a Bachelor's Degree in Sociology.

As mentioned above, Eric first studied martial arts under Mike Nunnally, beginning when he was eight years

old. Nunnally, who is the local resident expert in Korean Moo Duk Kwan Tang Soo Do, had this to say about Smith, "Eric actually became a serious student of the martial arts after his discharge from the military. Prior to that, he was somewhat on and off about the sport. His background in the military helped him grow up and gave him a purpose to pursue a black belt."

Mike Nunnally teaches discipline, attitude and understanding the value of self defense, and the proper use of the arts in the street. He gives extended and written tests on the do's and don'ts of the sport to make his students aware that obtaining a black belt isn't about provocation on the street, but mainly for self defense and temper maintenance.

Nunnally further comments, "Eric Smith is a fine young man and a real

student of martial arts. He's become a very proficient instructor and incorporated many other styles of martial arts into his teaching background. He became a 2nd degree black belt under my tutelage at Korean Moo Duk Kwan Tang Soo Do." When I asked Mike how many times he'd been challenged to a street fight over the years, he said, "Only a few times, because people seem to be curious about how efficient a black belt is on the street. It never resulted in anything serious." In other words, he handled situations with little difficulty. Nunnally is a former Central Bearcat great in both football and basketball.

Smith's second instructor, Walt Hartwich, was his main instructor. Smith says: "Walt showed me the real martial arts. I had studied Bruce Lee's work on my own for years and knew that Bruce

was a genius in his training methodology. Because of Walt, I gained an opportunity to train with Bruce's original students and some of the best martial artists in the world; people like Dave Green, 'Judo' Gene LeBell, Gokor Chivichyan, Benny 'The Jet' Urquidez, Dan Inosanto (Bruce Lee's protégé), the late Larry Hartsell, Jesse Glover (Bruce's first student), and the Machado brothers, Rigan and Roger." The Machado brothers are nephews of the late founder of Gracie (Brazilian) Jiu-Jitsu, Carlos Gracie, Sr. Smith credits this style as the most challenging, fun, and effective martial art that he has ever trained in, and says he owes a lot to his friends and mentors, such as Ryan Fiorenzi and Tyrone Gooden, two Detroit area Machado black belts who are his senior training partners. Among other students of Brazilian Jiu-Jitsu under the Machado brothers is Walker, the Texas Ranger himself, Chuck Norris.

for so long if I was just worried about protecting myself in the street. "It's a way of life," he says, "The sporting aspect of the arts is only about 10% of the true benefits or areas of focus."

Smith reflects: "I'm very grateful to my instructors who taught me the real essence of martial arts. Instructors like them are rare today. Most of what's offered today is a watered down version taught to the masses to make money by instructors whose motivations for teaching and skills are suspect, at best. Most people don't know the difference between good and bad, and that's sad."

Eric is currently working for the Michigan Youth Challenge Academy, located on the VA Hospital grounds, in a cadre training position. He also teaches at 2851 W. Dickman Road in Battle Creek. Classes are held Monday, Wednesday, and Friday each week from 6:30 to 8pm. He will be starting a new

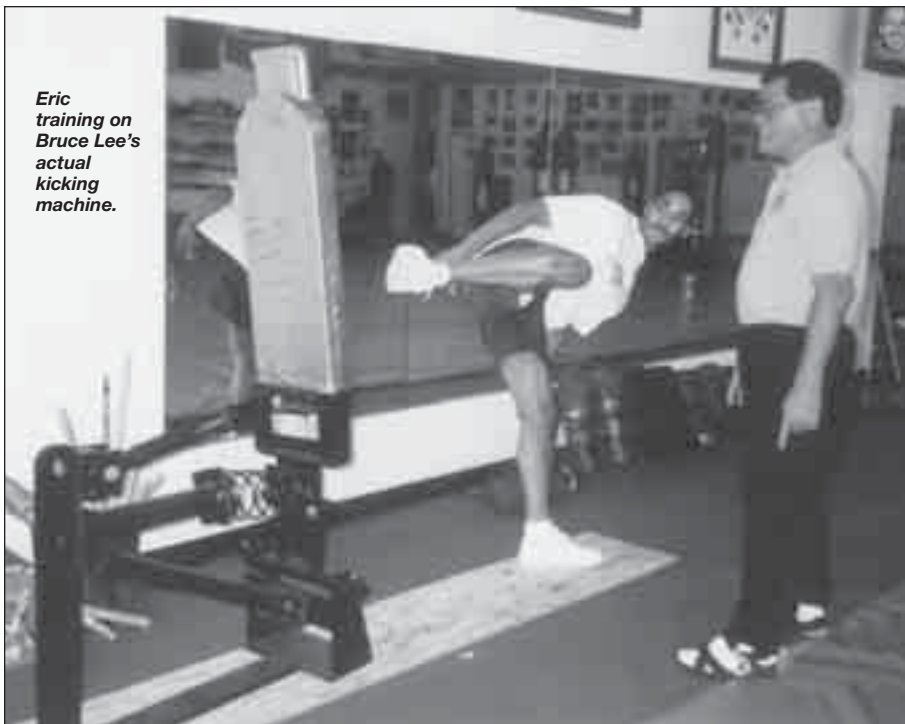


Joey Palmer

release my anxiety and the blahs. I was having a little difficulty with personal matters, Eric was my answer, he helped me to intensify my attitude, which completely changed my lifestyle. Eric is a role model who teaches his students you get out of martial arts what you put into it and he creates a family atmosphere for us. He teaches us team work and has us working toward the same goals."

Palmer is currently working towards his Associate's Degree at Kellogg Community College. This fall (2011), he will continue his education at Central Michigan University, had it not been for an ACL injury to his left knee, Joey might have played basketball at the next level. His knee was surgically repaired twice, he said, "Working with Mr. Smith has helped to rehab and strengthen my leg."

Smith said, "In martial arts you



Eric training on Bruce Lee's actual kicking machine.

Smith is a Certified Associate Instructor of Bruce Lee's Jeet Kune Do under world renowned original student, Sifu Richard Bustillo. He is also a Certified Instructor and "Bulletman" in the FAST Self Defense System under Bill Kipp. Further, he is an authorized instructor and Brown Belt in Brazilian Jiu-Jitsu under the Machado brothers and holds the distinction of being the highest ranked practitioner of this style in Southwest Michigan.

Smith's viewpoints reveal his true passion for the martial arts. He said, "The media only portrays the violent side of martial arts, or make it purely a sport. I wouldn't have participated in the arts

school in the spring of this year, and anyone interested in training in Brazilian Jiu-Jitsu, Mixed Martial Arts, Filipino Martial Arts, or Bruce Lee's Jeet Kune Do should stop by to visit with Eric for more information. He is also on Facebook, under Eric Smith Martial Arts. And you can reach him by phone at 269-719-7581 if you are interested in honing your skills in self defense.

One of Eric Smith's students, is former Lakeview High School Basketball standout Joey Palmer, Class of 2008. Palmer had this to say about Smith: "My father (Bob Palmer) trained with Eric several years ago and thought it would be a good outlet for me to



Eric with Walt Hartwich

reinforce solid character development and live by a set of principles and standards that can be applied to daily living. Eric encourages high personal standards from his students and demonstrates respect for all beings." He added, "I constantly strive to maintain commitment from my pupils and lead them by example using a high energy level to influence them in a positive manner." As a teacher, Smith is rather eclectic about his students.

In closing, what I've learned about martial arts from writing this article, I'd have to say that it takes a lot of athletic ability to become adept in the sport, it requires great hand-eye coordination and timing. A key to success is desire, determination, and most of all dedication. I'm Carl Angelo, "Touching the Bases" for Scene Magazine, "The informative periodical" in Battle Creek.

## BCHS, Bronson to Form New Regional Health Care System

Battle Creek Health System recently announced the selection of Bronson as its new partner. The two have signed a Letter of Intent (LOI) to develop a new regional health care system. The LOI provides a framework for the partnership and begins the formal process of creating the operating model for merging the two organizations.

The vision for the partnership is to create a health care system that delivers better coordination of care for patients throughout Southwest Michigan.

“For the past 18 months, BCBS trustees, including Trinity Health, physician and executive leaders have been engaged in a thoughtful, strategic review of our marketplace and the future of health care services,” said Neil Nyberg, chair of the BCBS Community Partners board of trustees. “Throughout this process, the goal was to assure that the very best health care is available in our community, a commitment Bronson also shares.”

BCBS chose Bronson based upon a number of factors including:

- a shared vision of a coordinated, regional system that works better for patients,
- Bronson’s commitment to continuously

improve the patient experience, its national reputation for quality, and the breadth and depth of specialty and sub-specialty services it provides in this region, and

- common core values that include a long-standing commitment to community governance and a mission to ensure quality care is available to all persons regardless of their ability to pay.

According to Nelson Karre, chair of the BCBS board of trustees, “Bronson’s national reputation for quality and high level regional services such as the children’s hospital, heart care, neurosurgery, and critical care make it an outstanding ‘fit’ with what we offer in Battle Creek. In addition, as our boards discussed a partnership, we found mutual intentions that will go a long way toward guiding our actions together into the future.”

Bronson President and CEO Frank J. Sardone said, “This partnership with BCBS will enable Bronson to take our longstanding commitment to quality to an even higher level. Working together for the greater good of our patients will help us



Sardone

achieve optimal use and coordination of health care resources regionally. That means better meeting our patients’ needs by providing the right care in the right place at the right time. By maximizing the clinical strengths of each organization, we expect to create a regional health care system that delivers a superior patient experience at all points of care.”

“The Bronson board of directors enthusiastically endorses this partnership and the many ways it will bring to life our vision for enhancing health care services in the region,” says Barbara James, chair of the Bronson board of directors. “We also hope this announcement marks the coming together of not just two health systems, but two communities. From our perspective, that is a legacy we can all be proud of.”

Bronson will become the ‘operating partner’ of the new regional system by purchasing 51% of BCBS. Specifically, Bronson will purchase the 50% share held by Trinity Health – and 1% of the BCBS Community Partners holdings. Community Partners will join the Bronson board of directors resulting in a more regionally focused board.

During the coming months, legal, operational, and strategic work on the new partnership will get underway and afford opportunities to engage employees, medical staffs, and communities in discussion about the new regional system.

Depending upon the pace of due diligence and subject to final legal and regulatory approvals, the proposed new system could be operational as early as the middle of 2011. Until then, both organizations will continue to operate as they have been, but will report on major milestones as they occur.

“Patients across Southwest Michigan will be the real winners, as BCBS and Bronson work together to develop an efficient, effective, high-quality health care system that improves care and makes our region even stronger,” concludes Denise Brooks-Williams, BCBS president and CEO. “We very much appreciate Bronson’s commitment to partner with us to improve and grow services in Battle Creek. This is a win-win for all involved, especially our patients and their families.”



Brooks-Williams

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## Protect Debit Card From ATM Skimming

by Ken Vander Meeden

Even if you're choosy about which ATMs you use, you can still become a victim of identity thieves who place seamless devices on machines to steal debit card information. ATM skimming is a growing problem with nearly one in five becoming a victim. The Better Business Bureau recommends consumers take a few steps to protect themselves.

Identity thieves tamper with ATMs in any number of different ways in order to steal debit card numbers and PINs. It only takes a few seconds to install cameras over the keypad or a device over the card reader. ATMs aren't the only hot spots, credit card swipers at gas pumps and retailers can be tampered with as well.

"Skimming devices are becoming increasingly harder to detect and often blend in seamlessly with the ATM," said Ken Vander Meeden, President of the BBB Serving Western Michigan. "If you're going to use an ATM, you could become a victim, and it's important to monitor your accounts closely so you can quickly detect any fraudulent activity on your card and minimize your losses."

Following are a few ways to fight identity thieves at the ATM:

**Protect your PIN** - Cover the keypad with your other hand to prevent any cameras from catching your digits.

**Give it a wiggle** - Skimming devices are often false panels attached to the ATM - such as where you put your card into the machine or a keypad. If parts of the ATM look damaged or different, give it a wiggle. Also look for new or suspiciously placed cameras and unusual signage.

**Be picky with your ATMs** - Avoid using ATMs in poorly lighted or low trafficked areas. Experts often recommend choosing a bank ATM over standalone ATMs in public places.

**Report Fraud Immediately** - Report any fraudulent activity to your bank or credit union as soon as you discover it. Consumer protections for debit cards vary but depend largely on when you report the fraudulent activity. If you wait too long to report the fraud, your bank account could be cleaned out and your bank might not reimburse you.

For more advice on fighting identity thieves and preventing fraud, visit the Better Business Bureau online at [www.bbb.org/us/consumer-tips-scams](http://www.bbb.org/us/consumer-tips-scams).

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age to Michigan residents who have been unable to qualify for medical benefits. The plan is funded through subscriber premiums along with an estimated \$141 million in federal subsidies. Consumers previously rejected by insurers or forced to wait six months

for coverage because they have costly medical conditions, are beginning to receive benefits from HIP Michigan, a program that came about through the new health care reform law.

Michigan's high-risk pool began offering coverage October 1, and already some patients are booking surgeries, doctor visits, and treatments that have been delayed because they had no way to pay for them. HIP Michigan will be particularly helpful for people with cancer and other serious illnesses, allowing them to receive high-quality care in a timely manner and appropriate setting, rather than have to wait until their condition flares and requires an Emergency Department visit.

### *To qualify for the HIP Michigan you must:*

- Be a Michigan resident
- Be a U.S. citizen or lawfully present in the U.S.
- Have been uninsured for six months prior to applying
- Have been denied coverage due to an eligible pre-existing condition, or
- Have an eligible and provider-certified pre-existing condition.

Through the end of 2011, subscriber rates range from \$181/month for ages 24 and under, all the way to \$686/month for individuals 60 and over. Coverage includes medical office visits, prescription drugs, emergency care, hospital coverage, outpatient rehabilitative services, diabetes treatment and supplies, home health care, wellness, and behavioral health services. This insurance is available on a first-come/first-served basis, but is limited to an enrollment of 3500 people or when funding runs out.

Anyone interested in detailed benefit, enrollment, cost and eligibility information, as well as application forms, may go to [www.HIPMichigan.com](http://www.HIPMichigan.com). Applications and information are also available by calling (877) 459-3113 between 9 am and 5 pm.



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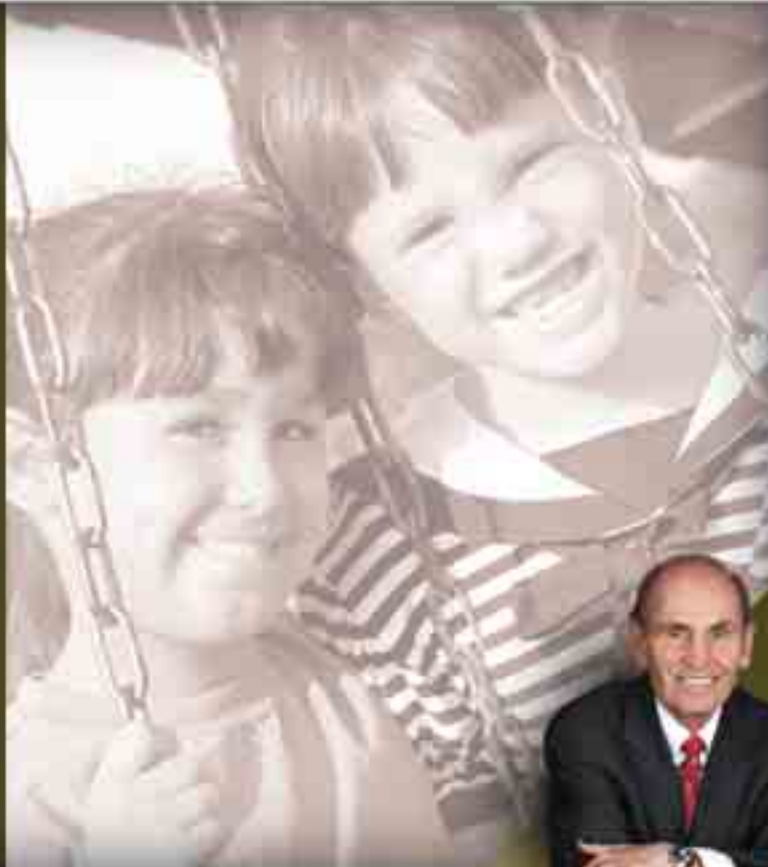
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## protecting our children...

VOL. 36 NO. 2

### Scene Magazine Dedicates Issue to Substance Abuse

In an effort to protect local children from the effects and abuse of drugs, Scene Magazine has teamed with the Substance Abuse Council to provide parents with vital information that will help them to help their children avoid substance abuse.



If you would like to be a part of this important issue contact Scene Magazine at 269-979-1410 to find out about the many sponsorship opportunities.

*future* **issues**

Join us next month as we honor and congratulate **Jack Mawdsley** as Scene Magazine's Man of the Year!