



# HOUSING

BY KRISTEN NEWHOUSE

**Long Term Care Ombudsman Program:** Advocate for residents of long term care facilities including nursing homes, board and care homes, adult residential care facilities, assisted living facilities and any other type of congregate adult care home. Ombudsman programs help residents resolve any concerns regarding the care they receive. Any discussions with an ombudsman representative are kept confidential.

**Community Based Care:** Services provided in the community to make everyday life easier and more relaxing for seniors who choose to remain at home. This allows independent seniors to enjoy the comfort of their own home while being free of everyday household responsibilities. Community based care could include chore, transportation/escort and food delivery services.

**Independent Living:** Living for those who are capable of living independently but do not want to maintain a home. Independent living facilities may offer prepared meals, housekeeping, and other services. Seniors will live in a community with others of the same age range. This allows for many opportunities for social interaction. Many independent living facilities

offer social activities and trips if the resident chooses. Medicare does not cover independent living arrangements.

**Rehabilitation Care:** Rehabilitation centers offer many different kinds of therapies, such as physical, occupational and speech therapies, to help a person recover from an illness, surgery, accident, etc. Many centers are affiliated with other health care centers such as hospitals or nursing homes. Rehabilitation services can be paid for by an individual's health insurance or through Medicare, if the person is eligible.

**Adult Day Care:** Adult day cares are a temporary residence for seniors to go to during the day while the caregiver is away at work or needs a break. Seniors can stay for as short as a couple hours up to eight hours each day, five days a week; very few adult day cares have weekend hours. Adult day cares offer many activities both socially and individually. Seniors can enjoy art, recreation and exercise, therapies, counseling, education and a wide range of other amenities. Adult day cares also provide meals, assistance with daily tasks and other services customized to their needs. Medicare will not cover costs but Medicaid can pay all costs if senior qualifies. Some adult day care

centers offer need-based scholarships while others use a sliding fee scale based on income. Depending on the policy and care provided, other insurances may cover costs. Dependent care tax credits may be available to the caregiver as well. The Calhoun County senior millage may also cover costs.

**Respite Care:** Similar to adult day care, respite care gives the caregiver a break from the continual care of their loved one. It is meant as a temporary settlement for the senior while the caregiver rejuvenates, does errands, etc. Respite care can take place at adult day cares, assisted living facilities, nursing homes or even in the caregiver's or senior's home. In respite care, seniors can stay a few hours, overnight, or even up to a weekend, opposed to the eight hour maximum of adult day care. The Calhoun County Senior Millage may cover costs.

**Adult Foster Care:** Adult Foster Care (AFC) homes are targeted to those who cannot live alone but don't need continuous care. AFC homes are targeted to different types of residents such as aged, physically handicapped, mentally disable, etc. Before choosing an AFC home, research whom it is oriented for. AFC homes provide 24-hour care and supervision. AFC homes only

## SENIOR SUPPORT GROUPS

To have your support group added,  
Call Leslie at (269) 979-1411 ext. 106 or  
Email: [leslieh@wwthayne.com](mailto:leslieh@wwthayne.com)



BACC . . . . Branch Area Careers Center  
BBC . . . . Burnham Brook Center  
BCHS . . . . Battle Creek Health System  
BCCA . . . . Barry County Commission on Aging

CHC . . . . Community Health Center-Branch County  
DRC . . . . Disability Resource Center, Kalamazoo  
FEC . . . . Family Enrichment Center  
H&C . . . . H&C Burnside Senior Center

HMO . . . . Hospice of Michigan Office  
LFR . . . . Lakeview Family Restaurant  
LS . . . . Lifespan  
MBAD . . . . Marian Burch Adult Daycare

MPKZ . . . . Milham Park, Kalamazoo  
OCB . . . . Old Country Buffet  
PA . . . . Ponderosa  
SR . . . . Southwest Rehab

GROUP	FREQUENCY	DAY	TIME	LOCATION	FACILITATOR	PHONE
Alzheimer's	Monthly	3rd Wed	2:30pm	BBC	Karen Hibbard	(269) 441-6036
Alzheimer's	Monthly	1st Mon	3-4:30	H&C	Julie Hurley	(517) 279-8847
Amputee Support Group	Monthly	June 15th	4:30	MPKZ	Theresa Bonnema	(269) 963-9696
Arthritis	Monthly	3rd Tues	12:30pm	BBC	Jane Chappell	(269) 966-2566 X 368
Alanon/A lateen Support Group	Weekly	Monday	6-7pm			
Bereavement Support Group	Monthly	3rd Mon	10:30am	BBC	Judy Rarick	(269) 731-4363
Luncheon-BC	Weekly	Alternate Thur	11:30am	OCB	Sherrill Ruch	(269) 660-3621
Dinners	Weekly	Alternate Wed	5:30pm	LFR	Sherrill Ruch	(269) 660-3621
Bi-polar Disorder	Monthly	1st, 3rd, Mon	6:30 - 8pm	BBC	Fred Morris	(269) 963-4588
Cancer-Hastings	Monthly	3rd Thurs.	1pm	BCCA		(269) 686-0290
Cancer-Hastings	Monthly	2nd Thurs.	7pm	BCCA		(269) 686-0290
Cancer-Albion	Monthly	3rd Thurs	1 - 2:30pm	PA	Ken Yates	(269) 795-3493
Caregivers	Monthly	2nd Tues	10am	MBAD	Cindy or Jane	(269) 962-1750
Caregivers	Monthly	3rd Thurs	3:30pm	COA	Diane Neeb	(269) 948-4856
Congestice Heart Failure	Monthly	1st Wed	1-3pm	BCHS	TBA	(269) 966-8199
Diabetes	Monthly	2nd Mon	6:30 - 8pm	CHC	Pam Miller	(517) 279-5341
Fibromyalgia Support Group	Monthly	2nd Mon	11:30 - 12:30pm	BBC	Jane Chappell	(269) 966-2566
Grief Recovery	3x/year	Spring, Summer, Fall	5 - 6:30pm	LS	Sherrill Ruch	(269) 660-3621
Grief Recovery	Monthly	3rd Thurs	12pm	BACC		(517) 279-6565
Grief Recovery	Spring/Fall	Alternate Wed	10-11:30am	H&C	Karin Kennedy	(517) 279-5420
Grief Share	Monthly	2nd, 4th Tues	7 - 8pm	HMO		(616) 454-1426
Kinship Care	2x Monthly	2nd/4th Monday	7pm	BCCA	Blanca Roath	(269) 948-4856
Kinship Care Service						
Kids	Monthly	1st, 3rd Tues	12:30 - 2pm	FEC	Pat Scheid	(269) 660-0448
Albion	TBA	TBA	TBA	TBA	Pat Scheid	(269) 660-0448
Living On	2x/Year	TBA	6:30 - 8:30pm	LS	Sherrill Ruch	(269) 660-3621
Loss of Loved One-GR	Monthly	2nd, 4th Tues	7 - 8pm	HMO		(616) 454-1426
Low Vision	Monthly	3rd Mon	9:45am	BBC	Muriel Walters	(269) 969-2392
Low Vision	Monthly	2nd Wed	1:30pm	BCCA	Rosemary Ramos	(800) 466-8084
Lupis	Monthly	3rd Wed	5-6pm	BBC	Dorothy Height	(269) 565-0881
Multiple Sclerosis	Monthly	4th Mon	6pm	BBC	Shawna Cooper	(269) 968-8166 X 595
Parkinson's	Monthly	3rd Tues	10am	BBC	Jane Chappell	(269) 966-2566 X 368
Pulmonary	Monthly	2nd Tues	2pm	BCHS	Deb Pierce	(269) 966-8438
Spinal Cord Injury	Bi Monthly	2nd Tues	2pm	BBC	Karen Halsed	(800) 394-7450 X 63
Spinal Cord Injury	Bi Monthly	2nd Tues	2pm	DRC	Karen Halsed	(800) 394-7450 X 63
Spouse Loss-GR	Weekly	Tues	1 - 2pm	HMO		(616) 454-1426
Spouse Loss-GR	Monthly	2nd, 4th Tues	7 - 8pm	HMO		(616) 454-1426
Stroke	Monthly	2nd Tues	12pm	SR	Medical Social Work Dept	(269) 441-4129
Sudden Death Survivors	Weekly	Wednesday	1:30pm	BBC	Jane Chappell	(269) 966-2566 X 368
Young Partner Loss	Monthly	1st Tues	7 - 8pm	HMO		(616) 454-1426

# Exceptional Cancer

# Options

hold 1-20 residents at a time. There are many services included in the monthly charge however some services require an additional fee. Some AFC homes allow pets. AFC homes are typically private pay, however supplemental security insurance may cover the cost.

**Home for the Aged:** Similar to an adult foster care home, a Home for the Aged (HFA) provides 24-hour room and board along with personal care specifically to individuals 60+ years. Assistance is given to residents who require personal care and assistance with daily activities. HFA homes house 21 or more residents at a time. Some HFA homes are short-term residences that only allow individuals to reside there temporarily in order to give caregivers time away from daily care responsibilities.

**Assisted Living:** Targeted to those who need help with activities of every day life but do not need continuous care. Assisted living residents help with things such as bathing, getting dressed, taking medicine, cooking, shopping, housekeeping, laundry and other similar activities. Because residents are not under continuous care, they are still able to remain active and control their everyday living. This

makes assisted living a bridge between independent living and nursing homes. Living arrangements range from single or double rooms, suites, or sometimes even apartments; depending on the needs of the resident and fiscal capabilities.

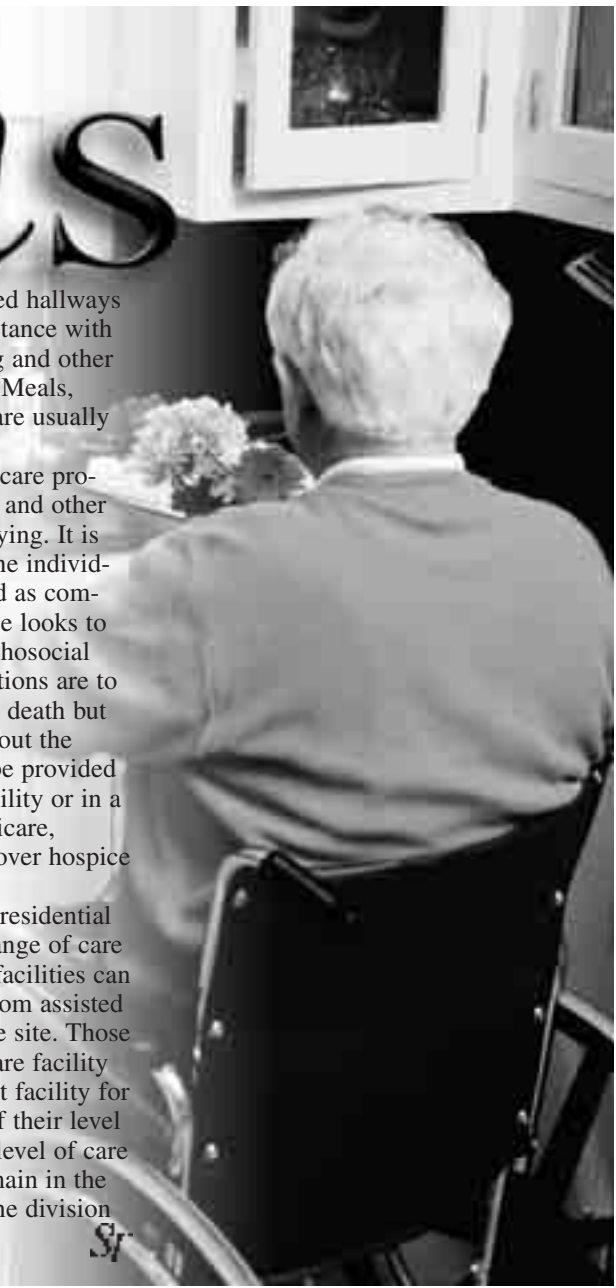
**Nursing Home:** 24-hour continuous care for those who can no longer live on their own or need to recover from an illness or operation. Residents may stay short-term or long-term depending on the circumstance. Nursing homes are licensed by the state to provide nursing and personal care along with medical care. This includes different methods of therapies. Meals are provided, as well as housekeeping and laundry services. Nursing homes offer activities to help residents socialize such as classes and religious services. Medicare does not cover nursing homes. Medicaid may offer coverage to residents who meet medical and financial eligibility requirements.

**Alzheimer's/Dementia Care:** Facilities that provide specialized care to individuals suffering from Alzheimer's or other forms of memory loss. They tailor care to individual's level of ability and skill to help avoid confusion for the resident. Many facilities' décor is designed to the needs of

residents such as color-coded hallways and other visual cues. Assistance with bathing, grooming, dressing and other daily activities is provided. Meals, laundry and housekeeping are usually provided.

**Hospice Care:** Hospice care provides nursing care, comfort and other services to those who are dying. It is meant to allow the end of the individual's life to be dignified and as comfortable as possible. Hospice looks to help comfort physical, psychosocial and spiritual grief. Its intentions are to neither hasten nor postpone death but minimize suffering throughout the process. Hospice care can be provided in your home, a nursing facility or in a free-standing hospice. Medicare, Medicaid and PACE may cover hospice expenses.

**Continuum of Care:** A residential facility that offers a wide range of care levels. Continuum of Care facilities can have living arrangements from assisted living to hospice care at one site. Those entering a Continuum of Care facility generally will remain at that facility for the rest of their lives even if their level of care changes. When the level of care changes, a resident will remain in the program but will move to the division of care needed.



## SENIOR DINING CENTERS

To have your senior dining center added, Call Leslie at (269) 979-1411 ext. 106 or Email: [leslieh@wwthayne.com](mailto:leslieh@wwthayne.com)



CITY	LOCATION	FACILITATOR	PHONE	DAYS	TIME
<b>BARRY COUNTY</b>					
Hastings	COA Building	Mary Cook	(269) 948-4856	M-F	10-2:00
Nashville	Masonic Temple	Jenny Burlison	(269) 852-9182	M-F	10:30-1
Woodland	Eagles Club	Joyce Dennie	(269) 367-4041	MWF	10:30-1
Delton	Faith United Methodist	Elayne Nottingham	(269) 623-5400	MWT	10:30-1

Meals provided by Barry County Commission on Aging. A program sponsored by Barry County United Way.

<b>BRANCH COUNTY</b>					
Bronson	Bronson Fellowship Center	Sharon Shassnor	(517) 369-9565	M-F	10:30 -1:30 (Lunch 11:30am)
Coldwater	Community Action Agency SCM	Dotie Houck	(517) 279-8249	M-F	9 - 12:30 (Lunch 12pm)
Union City	Union City Fellowship Center	Jim Lynd	(517) 741-7212	M-F	8:30-12:30 (Lunch 11:30am)
Coldwater	H & C Burnside Senior Center		(517) 279-6565	M-F	11:30 - 1 Lunch

Meals provided by CAA Elder Services. Funding sources AAA 3C, Branch County United Way, USDA and private donations.

<b>CALHOUN COUNTY</b>					
Albion	Albion Senior Center	Essie Curtis	(517) 629-2555	M-F	9-3 Lunch served at Noon
Battle Creek	Bedford Manor Sr. Dining Center	Marion Nash	(269) 962-1027	M-F	11-1 Lunch 11:30am
Battle Creek	Cherryhill Senior Center	Kathy Rogers	(269) 962-0859	M-F	9-2 Lunch 11:30am
Albion	Clarence Senior Dining Center	Troy Poe	(269) 857-2288	MTW	11-1 Lunch served at Noon
Homer	Homer Senior Center	Julie Waring	(517) 568-4249	M-F	10-1 Lunch served at Noon
Battle Creek	Lakeview Sr. Dining Center	Tammie Pallock	(269) 964-7375	M-F	11-1 Lunch 11:30am
Battle Creek	Lakeview 900 Sr Dining Center	Bertha Brazie	(269) 579-4716	M-F	11-1 Lunch 11:30am
Marshall	Marshall House Sr. Dining Center	Denise Crumrine	(269) 781-2391	MWF	11-1 Lunch served at Noon
Battle Creek	Springview Tower Dining Center	Anne Denney	(269) 963-5876	M-F	10-2 Lunch 11:30am
Tekonsha	Tekonsha Sr. Dining Center	Rusty Hampton	(517) 767-4410	MTW	11-1 Lunch served at Noon
Battle Creek	Washington Heights	Audra Matthews	(269) 965-5093	M-Thur	10-1 Lunch 11:30am
Albion	St. James Church Dining Center	Reneé Powaga	(517) 629-8710	MTWF	11-1 Lunch served at Noon
Battle Creek	West Brook Sr. Dining Center	Betty Butler	(269) 579-4676	M-F	11-1 Lunch 11:30am

All Meals provided by CAASCM. Funding provided by AAAIB, Calhoun County Senior Millage, USDA and Private Donations. All Seniors age 60 years and above are invited to attend. The suggested donation is \$1.50 per lunch meal. Please reserve your lunch meals 24 hours in advance by dialing the numbers listed above.

<b>JACKSON COUNTY</b>					
Jackson	Ackerson Lake	Joyce Weber	(517) 764-0761	T & TH	10-2 Lunch served at Noon
Brooklyn	Columbia (Saints Episcopal Church)	Stephanie Stebleton	(517) 592-9060	MWF	10-2 Lunch served at Noon
Jackson	Crouch Senior Center	RoxAnn Jarrell	(517) 788-4364	MTWTF	8-5 Lunch served at Noon
Munith	Henrietta	Bonda Wetmore	(517) 596-3374	MWF	10-2 Lunch served at Noon
Michigan Center	St. Aidan's Episcopal Church	Betty Konopacki	(517) 764-2950	MWF	10-2 Lunch served at Noon
Norvell	Norvell/Township Hall	Cynthia Risinger	(517) 536-4370	MWF	10-2 Lunch served at Noon
Jackson	Park Forest	Dee Prue	(517) 787-9750	MTWTF	3-6 Dinner 5pm
Spring Arbor	Spring Arbor Senior Center	Bev Green	(517) 750-1010	MTWTF	8:30-2:30 Lunch served at Noon
Jackson	Word of Light	Cammy Nichol	(517) 782-7755	MTWTF	10-1:30 Lunch served at Noon

# Care!

You don't have to travel elsewhere to receive world-class cancer care. It is available right here, close to home.

The Cancer Care CENTER

BATTLE CREEK HEALTH SYSTEM