

# Senior Times <sup>TM</sup>

SOUTH CENTRAL MICHIGAN

## South Central Michigan Senior Times 2025/26 Editorial Dates (Volume 32)

A NEWSPAPER FOR AND ABOUT AREA SENIOR ADULTS

MONTH	LEAD TOPIC / Other Topics	COPY	PRINT	DELIVER
January 2025	<b>Simplify Life / Downsizing / Right-Sizing</b> Resolutions vs. Priorities / Tackling Change Positively / Ask for Valentine messages	12/10	12/23	12/31
February	<b>Senior Independence Mo / Finding Your Passion</b> Social Programs for independence / Computer Etiquette / Valentines	1/10	1/24	1/28
March	<b>Managing Your Finances / Parent's Finances</b> Preparing for Retirement / Finding your Volunteer Match	2/12	2/23	2/25
April	<b>Legal Documents – Planning for Living</b> Long term care planning / Advocacy / Pre-planning	3/10	3/21	3/25
May	<b>Movement Matters / Fitness For All Levels</b> Older Americans Month / Senior Expo	4/10	4/25	4/29
June	<b>Safety &amp; Prevention – Inside and Out</b> Outdoor adventure month / Car Care / Travel	5/12	5/23	5/28
July	<b>Sandwich Generation / To Do List for Parents</b> Companionship / Sibling Rivalry / County Fairs	6/10	6/20	6/24
August	<b>Challenging Your Chronic Conditions</b> Iternative Therapies / Cognitive Concerns & Prevention	7/10	7/25	7/29
September	<b>Grand Parenting Fun / Pets</b> Foster Grand Parents / Kinship Care / Color Tours	8/12	8/22	8/26
October	<b>Planning Your Health / Health Screenings</b> Open enrollment / Medicare / Soc Sec / Veteran's Benefits	9/10	9/26	9/30
November	<b>Month of Remembrance / Family Tree &amp; Leaves</b> History / Genealogy / Celebrating the Caregiver	10/10	10/24	10/28
December	<b>Changing the Way You Holiday</b> Simplify Holidays / Simplify Home – Decluttering	11/11	11/19	11/25
January 2026	<b>International Creativity Month / Hobbies</b> Lifelong Learning /Ask for Valentine messages	12/10	12/24	12/30

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